

LAST ONE STANDING

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Count: 48

Wall: 2

Level: beginner/intermediate

Choreographer: Luke van der Meer

Music: Last One Standing by Girl Thing

- 1-2** Cross/step right foot in front of left, cross/step left foot in front of right
- 3&** Cross/step right foot in front of left, stepping back onto left foot
- 4** Touch right foot beside left (keep weight on left foot)
- 5&** Step right foot to right side, turn $\frac{1}{4}$ left stepping onto left foot
- 6&** Scuff right foot beside left foot, scoot forward on left foot hitching right knee
- 7-8** Step right foot forward, touch left foot beside right (keep weight on right foot)
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- &1-2** Stepping left foot back, touch right toe back, pivot $\frac{1}{4}$ right (taking weight on left)
- 3&4** Step right foot behind left, stepping left foot to left side, step right foot to right side (right sailor step)
- 5-6** Cross/touch left foot behind right, unwind $\frac{1}{2}$ back left (taking weight on left)
- 7&** Step right foot forward on a 45 angle right, stepping left foot forward (keeping 45 angle)
- 8** Step right foot forward (keeping 45 angle)
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- 1-2** Rock left foot forward in front of right, rock weight back onto right
- &3** Turning $\frac{1}{4}$ left stepping left foot forward, step back onto right foot
- &4** Turning $\frac{1}{4}$ left stepping left foot to left side, step right to right side
- 5-6** Step left foot forward, step right foot forward out to right side
- 7-8** Roll hips back to right side and circle them around forward to left side (taking weight onto left foot)
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- 1-2** Rock right foot forward, rock weight back onto left foot
- 3&** Turning $\frac{1}{2}$ back right step right foot forward, stepping left foot forward around $\frac{1}{2}$ right

- 4 Step right foot forward
- 5-6 Step left foot forward, pivot $\frac{1}{2}$ right
- 7&8 Step left foot forward, clapping hands (for &), clap hands (for 8)

- 1 Stomp right heel in towards the center and out to the right side
- &2 Stepping right foot to the right side, touch left foot beside right (keep weight on right)
- &3 Turning $\frac{1}{2}$ left stepping left foot to the left side, step right foot to right side
- 4 Step left foot beside right foot (taking weight onto left foot)
- 5-6 Turning $\frac{1}{4}$ right step right foot forward, twist both feet back around $\frac{1}{2}$ left
- 7 Bend knees to body roll down then back up
- 8 Step right foot beside left (taking weight onto right)

- 1& Twist both heels to left side, twisting both toes to left side
- 2 Twist both heels to left side
- 3& Rock hips to right side with right foot, rocking hips back to left side with left foot
- 4 Rock hips back to right side with right foot (weight should be on right foot)
- 5& Step left foot forward, turning $\frac{1}{2}$ back right stepping forward onto right foot
- 6-7 Step left foot forward, rock weight back onto right foot
- 8 Turning around $\frac{3}{4}$ back left step left foot forward

REPEAT