

# LOST SHUFFLE

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**Count:** 48

**Wall:** 4

**Level:** intermediate

**Choreographer:** Nancy A. Morgan

**Music:** Lost In The Shuffle by Michael Peterson

## HEEL CROSS HEEL, TOE IN, TAP HEEL $\frac{1}{4}$ TURN TO YOUR RIGHT, STOMP, $\frac{1}{2}$ TURN

**1-2-3** Put right heel forward, cross right over left, put right heel forward

**4-5-6** Touch right toe to left instep, turn  $\frac{1}{4}$  turn to right and put right heel forward, stomp right forward

**7-8** Step left foot forward, turn  $\frac{1}{2}$  turn to your right

## HEEL CROSS HEEL, TOE IN, TAP HEEL $\frac{1}{4}$ TURN TO YOUR LEFT, STOMP, $\frac{1}{2}$ TURN

**1-2-3** Put left heel forward, cross left over right, put left heel forward

**4-5-6** Touch left toe to right instep, turn  $\frac{1}{4}$  turn to left and put left heel forward, stomp left forward

**7-8** Step right foot forward, turn  $\frac{1}{2}$  turn to your left (weight is on right)

## STEP HITCH, STEP HITCH, STEP HITCH, SWIVEL, SWIVEL $\frac{1}{4}$ TURN

**1-2** Step left to left side, lift right foot over left knee and hop on left forward

**3-4** Set right foot down (shoulder width), lift left foot over right knee and hop on right forward

**5-6** Step left to left side, lift right foot over left knee and hop on left forward

**7-8** Set left foot down as you turn both feet from right to left making a  $\frac{1}{4}$  turn left

## SHUFFLE FORWARD, STEP $\frac{3}{4}$ TURN, SIDE SHUFFLE LEFT, COASTER STEP

**1&2** Shuffle forward - right, left, right

**3-4** Step left forward, turn  $\frac{3}{4}$  turn to your right

**5&6** Side shuffle to left - left, together, left

**7&8** Step back right, step back left, step forward right

## TOUCH HOLD, AND TOUCH AND TOUCH AND CROSS HOLD, TURN HOLD

**1-2** Touch left toe out to left side, clap

**&3** Put left next to right as you put your touch right toe out to right side

**&4** Put right next to left as you put your touch left toe out to left side

**&5-6** Put left next to right as you cross right over left, clap

**7-8** Turn  $\frac{1}{2}$  turn to your left, clap

**GRIND, COASTER STEP, GRIND WITH  $\frac{1}{4}$  TURN, COASTER STEP**

**1-2** Grind right heel from left to right

**3&4** Step back on your right, back on left, forward on right

**5-6** Grind left heel  $\frac{1}{4}$  turn to your left from right to left

**7&8** Step back on your left, back on right, forward on left

**REPEAT**