

# Bang

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**Count:** 96      **Wall:** 2      **Level:** Phrased High Intermediate

**Choreographer:** Rhoda Lai (Canada) Sept, 2014

**Music:** "Bang Bang" by Jessie J, Ariana Grande, Nicki Minaj (3:19)

**Intro: Starts on vocal (2 counts)**

**Sequence: ABB ABB A A(32) TAG BBBB**

**Part A: 64 counts (Always facing 12:00)**

**S1: R Side Touch, L Side Touch, Shoulder Pop RLRL**

**12step R to the side, touch L next to R**

**34step L to the side, touch R next to L**

**5678pop shoulders sideway to R, L, R, L (12:00)**

**S2: ¼ L Lean Back, Hold, Lean Forward, Hold, Lean Back, Lean Forward, Lean Back, R Flick**

**12turn ¼ L lean body back transferring weight onto R, hold (Optional - raising R hand lasso)**

**34lean forward transferring weight onto L , hold (Optional - dropping R hand lasso)**

**56lean back transferring weight onto R, lean forward transferring weight onto L**

**(Optional -robotic arms up and down)**

**78lean back transferring weight onto R, lean forward taking weight onto L while flicking R backward (9:00)**

**S3: R Kick Step, L Back Rock Recover, L Kick Step, R Glide X2 (Stanky legs)**

**1234kick R foot forward, step R next to L, rock back L, recover onto R**

**56kick L foot forward, step L next to R**

**7&8&(glide R foot back while bending left knee, glide R foot towards centre) x 2 (9:00)**

**S4: R Jazz Box ¼ R Cross, ¼ L, ½ L, Hop L Twice Turning ¼ L**

**1234**cross R over L,  $\frac{1}{4}$  R step back L, step R to the side, cross L over R

**56** $\frac{1}{4}$  L stepping back on R,  $\frac{1}{2}$  L stepping L fwd

**78**hop onto L twice while turning  $\frac{1}{4}$  L (12:00)

**S5: R Side, Hold, L Back Recover, L Side, Hold, R Back Recover, R Side Hold**

**12&3**step R to the side, hold, rock L backward, recover onto R

**45&6**step L to the side, hold, rock R backward, recover onto L

**78**step R to the side, hold (12:00)

**S6: L Cross, Hold, R Side-Recover-Cross, Hold,  $\frac{1}{4}$  R,  $\frac{1}{2}$  R,  $\frac{1}{4}$  R, Hold**

**12&34**cross L over R, hold, rock R to the side, recover onto L, cross R over L

**5&678**hold,  $\frac{1}{4}$  R stepping back on L,  $\frac{1}{2}$  R stepping R fwd,  $\frac{1}{4}$  R stepping L to the side, hold (12:00)

**S7: Travelling Heel Splits R, Travelling Heel Splits L**

**1234**with knee slightly bent and feet apart, bring heels in and apart and slightly move to the R

**5678**repeat the heel splits but travel to the L with the ending weight on L

**(optional: straighten up your body and transfer weight to L while flicking R backward on count 8) (12:00)**

**S8: Run RLRL, Booty shakes or Shimmy**

**1234**walk around a circle with  $\frac{1}{4}$  L turn each stepping onto RLRL

**5678**shake booty or shoulder shimmy over 4 counts (12:00)

**Part B: 32 counts (2-wall)**

**S1: R Stomp x2, R Kick-ball-side, Drag R and Shimmy**

**12**stomp R twice to the side

**3&4**kick R forward, step R beside L, step a big step to L

**56drag R towards L**

**78shimmy over 2 counts (12:00)**

**S2: Stomp L  $\frac{1}{4}$  R x2, L Kick-ball-side, Drag L and Chest Pop**

**12(stomp L forward and make  $\frac{1}{4}$  R turn) twice**

**3&4kick L forward, step L beside R, step a big step to R**

**56drag L towards R**

**78chest pop x2 (6:00)**

**S3: R Hitch, R Side-Rock-Cross, L Side rock, L Forward rock, Hold**

**12&3R hitch, rock R to the side, recover onto L, cross R over L**

**45678rock L to the side, recover onto R, rock forward L, recover onto R, hold (6:00)**

**S4: L Back Rock, L Step Pivot  $\frac{1}{2}$  R,  $\frac{1}{2}$  R, Body Roll**

**12rock back L, Recover onto R**

**345step forward L, pivot  $\frac{1}{2}$  R,  $\frac{1}{2}$  R stepping L next to R**

**678body roll from lower body to upper body (6:00)**

**TAG - Jazz Box**

**1234cross R over L, step back L, step R to the side, Step L next to R**

**Ending: Stomp R to the side and raise your right arm up when you hit the last drum.**

**Hope you enjoy the dance!**

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**Last Update - 21st October 2014**