

# Get Nervous

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**Count:** 32                      **Wall:** 4                      **Level:** Improver

**Choreographer:** Jun Andrizar ( June 2018 )

**Music:** Nervous by Shawn Mendez

**\*\* Start on lyric after 8 counts \*\***

## **I. STEP FWD, STEP SIDE, STEP ROCK FWD, LOCK SHUFFLE FWD, PIVOT 1/2 TURN LEFT**

- 1-2**            Step R fwd, Step L fwd
- 3&4**           Step R Side, Recover on L, Step R fwd
- 5&6**           Step L fwd , Step lock R Behind L, Step L fwd
- 7-8**           Step R fwd, Turn 1/2 left step L fwd

## **II. STEP R SIDE ,BEHIND SIDE CROSS, STEP L SIDE, BEHIND SIDE CROSS**

- 1-2**           Step R side Swivel In - Out
- 3&4**           Cross R behind L, Step L side, Cross R over L
- 5-6**           Step L side Swivel In - Out
- 7&8**           Cross L behind R, Step R side, Cross L over R

## **III. DIAGONAL TOUCH FWD ( R-L ), BOOGIE WALKS BACK (4X)**

- 1-2**           Step R to right diagoanal fwd, Touch L beside R
- 3-4**           Step L to left diagonal fwd, Touch R beside L
- 5-6**           Step L back at the same time turn R heel towards centre, step R back at the same time turn L heel towards centre (weight tends to stay on balls of the feet)
- 7-8**           Repeat Count 5-6

## **IV. STEP BACK WITH SMALL JUMP ,BALL STEP FWD, SAILOR 1/4 TURN LEFT**

- &1-2**           Step R back diagonal, Step L side, Hold
- &3-4**           Step R back, Step L beside R, Step R fwd
- 5-6**           Step L fwd, Recover on R ( Count 5-6 do step with body wave )
- 7&8**           Cross L behind R , Step R 1/4 turn left step to L, Step L fwd

**Noted : No Tag, No Restart**

**Ending : Sailor 3/4 turn left to pose**

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