

Medicine

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Count: 32 **Wall:** 2 **Level:** Improver

Choreographer: Mark & Shelly (UK) April 2014

Music: Medicine by Shakira (feat Blake Shelton). Album: Shakira Deluxe Version.(iTunes)

Intro: 17 seconds

Section 1: Step Fwd R, Point L, Cross Shuffle, Rock ¼ Turn Shuffle Fwd.

- 1-2** Step fwd on Right, Point left to left side (12 O Clock)
- 3&4** Cross left over right, Step right to right side, Cross left over right (12 O Clock)
- 5-6** Rock right to right side, Recover weight to left as you turn ¼ left (9 O Clock)
- 7&8** Step fwd on right, Step left next to right, Step fwd on right (9 O Clock)

Section 2: Step Pivot ½ Turn, Kick Ball Step, Walk, Walk, ¼ Turn Cross.

- 1-2** Step fwd on left, Pivot ½ turn over right (3 O Clock)
- 3&4** **kick left fwd, Step ball of left next to right, Step fwd on right (3 O Clock)**
- 5-6** Step fwd on left, Step fwd on right (3 O Clock)
- 7&8** Step fwd on left, Pivot ¼ right, Cross left over right (6 O Clock)

Section 3: Step Touch, Kick Ball Cross, Hinge Turn, Shuffle Fwd.

- 1-2** Step right to right side, Touch left beside right (6 O Clock)
- 3&4** Kick left fwd, Step left back, Cross right over left (6 O Clock)
- 5-6** Making ¼ turn right step back on left, Making ¼ turn right stepping right to right side (12 O Clock)
- 7&8** Step fwd on left, Step right next to left, Step fwd on left (12 O Clock)

RESTART HERE WALL 3 & 6

Section 4: 2x ¼ Paddle Turns, 2x Samba Steps.

- 1-2** Step fwd on right, Pivot ¼ turn left (9 O Clock)
- 3-4** Step fwd on right, Pivot ¼ turn left (6 O Clock)
- 5&6** Cross right over left, Rock left to left side, Recover onto right (6 O Clock)
- 7&8** Cross left over right, Rock right to right side, Recover onto left (6 O Clock)

Restarts: On Wall 3 and 6 after section 3.

Shuffle fwd Left (counts 7&8) then Restart the dance.

ENJOY:

Contact: markguichard@hotmail.com

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=97772