

# FLASHBACK

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**Count:** 32

**Wall:** 4

**Level:** beginner/intermediate

**Choreographer:** Jeni Roution & Mandy Book

**Music:** Sometimes Bad Is Bad by Huey Lewis

## **RIGHT TOE TOUCH (SPLIT WEIGHT), RECOVER LEFT, LOCK STEP FORWARD, SIDE ROCK CROSS, ½ TURN SWEEP TO LEFT**

- 1 Touch right foot forward splitting weight (lean into right foot)
- 2 Return weight to the left (push off with right foot)
- 3&4 Locking shuffle step forward (right, left, right)
- 5 Rock side left
- & Take weight on right foot
- 6 Cross left foot in front of right (take weight on left)
- 7 Sweep right foot with ½ turn to left
- 8 End sweep with right foot in front, but keep weight back on left foot

## **REPEAT FIRST 8 COUNTS BUT FULL SWEEPING TURN ON COUNT 7**

- 1 Touch right foot forward splitting weight (lean into right foot)
- 2 Return weight to the left (push off with right foot)
- 3&4 Locking shuffle step forward (right, left, right)
- 5 Rock side left
- & Take weight on right foot
- 6 Cross left foot in front of right (take weight on left)
- 7 Sweep right foot with full turn to left
- 8 End sweep with right foot to the side

## **RIGHT SAILOR STEP, CROSS LEFT OVER RIGHT, UNWIND ¾ TURN TO RIGHT, KICK RIGHT - STEP BACK ON RIGHT, SHIFT WEIGHT BACK**

- 1&2 Sailor step (right, left, right)
- 3 Cross left foot over right
- 4 Unwind ¾ turn to right (putting weight onto left foot)

- 5 Kick right foot forward
- 6 Step back onto right foot
- 7 Shift weight forward to left foot
- 8 Shift weight back onto right foot

**On weight shifts (7-8), throw head forward on 7 and back on 8 for attitude**

**KICK & CROSS SERIES WITH  $\frac{1}{4}$  TURN RIGHT AND HITCH TURN  $\frac{1}{4}$  RIGHT**

- 1&2** Kick and cross (kick with left foot, cross over right, point right toe to right side)
- 3&4** Kick and cross with turn (kick with right foot, cross over left,  $\frac{1}{4}$  turn and point left to side)
- 5&6** Kick and cross (kick left, cross left over right, point right toe to side)
- 7-8** Hitch right foot behind left knee and make  $\frac{1}{4}$  turn to right

**REPEAT**