

Cama y mesa

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Count: 32

Wall: 2

Level: Easy Intermediate Cha Cha rhythm

Choreographer: Angels H. Guix 'Chalky'. July 2015. Barcelona. Spain.

Music: Cama Y Mesa by Orquesta La Palabra, length: 4:39, CD: Breakthrough

[1-7] Step side, rock step, cha cha side, rock step

- 1,2,3 Step RF to right, rock LF forward, recover on RF
- 4&5 Step LF to left, step RF together, step LF to left
- 6,7 Rock RF forward, recover on LF

[8-16] ¼ turn right, triple cha cha forward, rock step, step backward

- 8&1 Step RF to right, step LF together, ¼ turn right and step RF forward
- 2&3 Step LF forward, step RF together, step LF forward
- 4&5 Step RF forward, step LF together, step RF forward
- 6,7 Rock LF forward, recover on RF
- 8 Step LF backward

[17-23] Step backward, coaster step, side step cross x2

- 1 Step RF backward
- 2&3 Step LF backward, step RF together, step LF forward
- 4&5 Rock RF to right, recover on LF, cross RF over LF
- 6&7 Rock LF to left, recover on RF, cross LF over RF

[24-32] ½ pivot turn, cha cha right, cha cha left, ¼ pivot turn, cha cha right

- 8,1 Step RF forward, ½ turn left and step LF forward
- 2&3 Step RF to right, step LF together, step RF to right
- 4&5 Step LF to left, step RF together, step LF to left
- 6,7 Step RF forward, ¼ turn left and step LF forward
- 8& Step RF to right, step LF together

Start again - No Tag, No Re-Start

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