

MAKE YOU SWEAT

LINEDANCE.COM

Count: 32

Wall: 4

Level: beginner/intermediate social cha

Choreographer: Kash Bane

Music: Rock This Party by Bob Sinclair

CROSS ROCK, CHA-CHA, CROSS ROCK, CHA-CHA

- 1-2 Rock right foot across left, recover onto left foot
- 3&4 Step right, left, right, in place
- 5-6 Rock left foot across right foot, recover onto right foot
- 7&8 Step left, right, left in place

ROCKING CHAIR, SHUFFLES

- 1-2 Rock forward on right foot, recover onto left foot
- 3-4 Rock back onto right foot, recover onto left foot (alternatively you can substitute counts 3-4 by stepping right behind left and fully unwinding)
- 5&6 Step right foot forward, close left foot at right, step right foot forward
- 7&8 Step left foot forward, close right at left, step left foot forward

MODIFIED CHASSE AND STOMP COMBOS

- 1-2 Step right to right side, hold
- &3-4 Step left next to right, step right to right side, stomp left foot next to right
- 5-6 Step right to right side, hold
- &7-8 Step left next to right, step right to right side, stomp left foot next to right

SIDE ROCK, $\frac{3}{4}$ UNWIND, JAZZ JUMPS WITH CLAPS

- 1-2 Rock right to right side, recover onto left foot
- 3-4 Step right behind left, unwind to make a $\frac{3}{4}$ turn right
- &5-6 Jump forward onto right foot and step left next to right, clap hands
- &7-8 Jump back onto right foot and step left next to right, clap hands

REPEAT