

It Ain't What It Used To Be

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Count: 32

Wall: 2

Level: Intermediate

Choreographer: Georgia Vroon (Jan 2014)

Music: It Ain't What It Used To Be - Billy Currington (3:16 min. - 118 bpm)

Intro: 32 counts

Restart: After the 7th wall (6 hour), start the dance again. Slowly runs the music and dance to count 12.

The music stops for about 6 counts = 6 hipbumps. Then the dance begins again.

[1 - 8] turning chassé $\frac{1}{4}$ turn R, $\frac{1}{4}$ turn R chassé L, sailor step, sailor step $\frac{1}{4}$ turn L

[03.00]

1 & 2step RF to R side, & step LF next to RF, step RF Fwd in $\frac{1}{4}$ turn R

3 & 4step LF side in $\frac{1}{4}$ turn R, & step RF next to LF, step LF to L side

5 & 6step RF behind LF, & step LF to L side, step RF to R side

7 & 8step LF behind RF in $\frac{1}{4}$ turn L, & step RF to R side, step LF to L side

[9 - 16] rock step, recover, chassé $\frac{1}{2}$ turn R, step Fwd, $\frac{1}{2}$ turn, coasterstep [03.00]

1 - 2step RF Fwd, recover on LF

3 & 4step RF side in $\frac{1}{4}$ turn R, & step LF next to RF, step RF Fwd $\frac{1}{4}$ turn R

5 - 6step LF Fwd, step RF Bkw in $\frac{1}{2}$ turn L

7 & 8step LF Bkw, & step RF next to LF, step LF Fwd

[17 - 24] step Fwd, swivel, sailor step $\frac{1}{4}$ turn right, step-lock-step, mambo rock step [06.00]

1 & 2 &step RF Fwd and turn both heels R, & turn both heels back (repeat)

3 & 4step RF behind in $\frac{1}{4}$ turn R, & step LF to L side, step RF to R side

5 & 6step LF Fwd, & step RF behind LF, step LF Fwd

7 & 8step RF Fwd, & recover on LF, step RF Bkw

[25 - 32] coaster cross step, chassé right, rolling vine left, stomp [06.00]

1 & 2step LF Bkw, & step RF next to LF, step LF across RF

3 & 4step RF to R side, & step LF next to RF, step RF to R side

5 - 6step LF Fwd in $\frac{1}{4}$ turn L, step RF Bkw in $\frac{1}{2}$ turn L

7 - 8step LF to L side in $\frac{1}{4}$ L, stomp RF next to LF

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