

# Catch It If You Can

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**Count:** 32      **Wall:** 4      **Level:** Improver

**Choreographer:** Steve & Denise Bisson (Phoenix LDC, Northern Cyprus) Oct 2014

**Music:** Chasing The Sun by Hilary Duff (106 bpm)

**Intro: 24 counts - two easy restarts - during walls 3 & 6 - Sequence: 32, 32, 16 restart, 32, 32, 16 restart, 32, 32, 32**

## **Syncopated Rocking Chair, Forward Shuffle x 2**

- 1&2&**      Rock Step forward on Right, Recover on Left, Rock Step back on Right, recover on Left
- 3&4**      Shuffle forward - stepping Right, Left, Right
- 5&6&**      Rock Step forward on Left, Recover on Right, Rock Step back on Left, recover on Right
- 7&8**      Shuffle forward - stepping Left, Right, Left

## **Step Pivot ½ Turn, Forward Shuffle, Full Turn Right, Forward Shuffle**

- 1-2**      Step Right forward, Pivot ½ turn Left [6:00]
- 3&4**      Shuffle forward - stepping Right, Left, Right
- 5-6**      Step Left back making ½ turn Right, Step right forward making further ½ Right [6:00]
- 7&8**      Shuffle forward - stepping Left, Right, Left

**\*Restart here during Walls 3&6 on Home Wall**

## **Modified ¼ Monterey, Side Switches, Cross Rock, Recover, Sailor ½ Turn**

- 1&2**      Point Right to right side, Step right beside left making ¼ turn right, Point Left to left side [9:00]
- &3&4**      Step Left beside right, Point Right to right side, Step Right beside left, Point Left to left side
- 5-6**      Cross Rock left over right, Recover on right
- 7&8**      Swing Step Right behind left making ½ turn left, Step Right to right side, Step Left in place [3:00]

## **Syncopated Weave, Cross Rock, Recover, Step Back, Back Rock, Step Forward, Hitch**

- 1&2&**      Cross Step Right over left, Step Left to left side, Cross Step Right behind left, Step Left to left side
- 3&4**      Cross Rock Right over left, Recover on Left, Step Right back

**5-6** Rock Step Left back, Recover on Right

**7-8** Step Left forward, Hitch right knee

**REPEAT**

**Ending: The music slows for the last two counts, facing 9:00, with right knee hitched just make a ¼ turn to home wall!**

**Contact: [steveandenise@gmail.com](mailto:steveandenise@gmail.com) - Website: <http://phoenixldc.wordpress.com>**