

Body Like A Back Road

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Count: 32 **Wall:** 4 **Level:** Beginner

Choreographer: Lauren Adcock (Florida, USA) (February 2017)

Music: Body Like A Back Road - Sam Hunt

Count In: 16 Count

Notes: Restart on the 5th wall (12:00).

[1-8] BACKWARD WALK X2, SIDE ROCK CROSS, HOLD, BALL CROSS, full unwind with a sweep. End Facing

- 1,2 Step back R (1) , Step back L (2) * 12:00
- 3&4 Rock R foot to R side (3) recover weight to L (&) cross R foot over L (4) 12:00
- 5&6 Hold (5), Step L to L (&) cross R foot over L (6) 12:00
- 7,8 Unwind ½ turn L (7) sweep L foot Front to back touching L toe back (8) 12:00

***Styling On cts 1-2 You can pop opposite knee as the foot you step back on.**

[9-16] BODY ROLL, BALL STEP, TOUCH, POINT X3, HITCH WITH A ¼ TURN R

- 1,2 Roll body on (1) Take weight on L (2) 12:00
- &3,4 Step R foot next to L (&) step back on L (3) Touch R next to L (4) 12:00
- 5&6& Point R to R (5) step R next to L (&) Point L to L (6) Step L next to R (&) 12:00
- 7, 8 Point R to R (7), hitch R knee up making ¼ turn R (8) 3:00

Re-Start on 5th Wall Touch R next to L for ct 8. (Do not make ¼ turn w/hitch.)

[17-24] STEP, ½ TURN R, ½ TURN R TRIPLE STEP, SIDE ROCK BALL SIDE ROCK

- 1,2 Step R foot fwd (1) make a ½ turn R stepping back on L (2) 9:00
- 3&4 Make a ½ turn R stepping fwd on R (3) step together with L (&) step fwd on R (4) 3:00
- 5,6& Rock L foot to L side (5) transfer weight back to R (6), step L foot next to R (&) 3:00
- 7,8 Rock R foot to R side (7), transfer weight back to L (8) 3:00

[25-32] STEP R BEHIND, ½ TURN UNWIND R, CROSSING SHUFFLE, SIDE ROCK CROSS, ½ TURN UNWIND L W/ HIP ROLL

- 1,2 Step R foot slightly behind L (1) unwind ½ turn L taking weight on R (2) 9:00

- 3&4** Cross L foot over R(3) step R foot to R side (&) cross L foot over R (4) 9:00
- 5&6** Rock R to R side (5) transfer weight to L (&) cross R foot over L (6) 9:00
- 7,8** Unwind a ½ turn L slowly while rolling hips (7-8) 3:00

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