

And I Rumba

LINEDANCE.COM

Count: 80

Wall: 2

Level: Intermediate

Choreographer: William Sevone , October 2009

Music: "And I love her" (118 bpm)... The Beatles ("A Hard Days Night "- 2:29)

Dance sequence:- 80 - 32 - 80 - 64

Choreographers note:- This is a SQQ Rumba with extended phrasing, the intimacy of which is emphasised when

performed with Cuban motion.

When danced, the 'Hold' (the 2nd beat of the 'S' (slow)) is a 'follow through' from the previous step or movement.

Always remember - 'The beat may reach your feet - but the rhythm should electrify your soul'.

Dance starts on vocals ('I...') with a hip push to the left (this only happens once - at the start as an extra step)

or alternately - start the dance on count 1 with the word '.. Give..'

Side. Hold. Together. Cross. Side Hip Push. Hold. 2x Hip Push (12:00)

1 - 4 Step right to right side. Hold. Step left next to right. Cross right over left.

5 - 8 Stepping left to left side & push hips left. Hold. Push hips right. Push hips left.

Rock. Hold. Recover. Side. Rock. Hold. Recover. Cross (12:00)

9 - 12 Rock right behind left. Hold. Recover onto left. Step right to right side.

13 - 16 Rock onto left. Hold. Recover onto right. Cross left over right.

2x 1/4 Back-Hold-Together-Forward (6:00)

17 - 20 Turn $\frac{1}{4}$ left & step backward onto right (9). Hold. Step left next to right heel. Step forward onto right.

21 - 24 Turn $\frac{1}{4}$ left & step backward onto left (6). Hold. Step right next to left heel. Step forward onto left.

2x 1/4 Back-Hold-Together-Forward (12:00)

- 25 - 28 Turn $\frac{1}{4}$ left & step backward onto right (3). Hold. Step left next to right heel. Step forward onto right.
- 29 - 32 Turn $\frac{1}{4}$ left & step backward onto left (12). Hold. Step right next to left heel. Step forward onto left.

Restart: Short 2nd Wall - start wall 3 (facing 6:00) from this point.

2x 1/4 Side-Hold-3/4 Together-Fwd (12:00)

- 33 - 36 Turn $\frac{1}{4}$ left & step right to right side (9). Hold. Turn $\frac{3}{4}$ left & step left next to right. Step forward onto right (12).
- 37 - 40 Turn $\frac{1}{4}$ right & step left to left side (3). Hold. Turn $\frac{3}{4}$ right & step right next to left. Step forward onto left (12).

1/4 Side. Hold. Behind. 1/4 Fwd. Rock. Hold. Recover. Back (12:00)

- 41 - 44 Turn $\frac{1}{4}$ left & step right to right side (9). Hold. Step left behind right. Turn $\frac{1}{4}$ right & step forward onto right (12).
- 45 - 48 Rock forward onto left. Hold. Recover onto right. Step backward onto left.

2x Back-Hold-Cross-Back - see note (12:00)

49 - 52 note: Moving backward toward 6:00 - but with body turned diagonal right: Step backward onto right. Hold. Cross left over right. Step backward onto right.

53 - 56 note: Moving backward toward 6:00 - but with body turned diagonal left: Step backward onto left. Hold. Cross right over left. Step backward onto left.

Back-Hold-Cross-Back - see note. 1/2 Forward. Hold. Side. Together (6:00)

57 - 60 note: Moving backward toward 6:00 - but with body turned diagonal right: Step backward onto right. Hold. Cross left over right. Step backward onto right.

- 61 - 64 Turn $\frac{1}{2}$ left & step forward onto left (6). Hold. Step right to right side. Step left next to right.

Rumba Box (6:00)

- 65 - 68 Step forward onto right. Hold. Step left to left side, step right next to left.
- 69 - 72 Step backward onto left. Hold. Step right to right side, step left next to right.

Rumba Box (6:00)

- 73 - 76 Step forward onto right. Hold. Step left to left side, step right next to left.

77 - 80 Step backward onto left. Hold. Step right to right side, step left next to right.

Dance Finish: To finish facing Home/front wall:

63-Step forward onto right. 64-Pivot $\frac{1}{2}$ left (transferring weight to left & touching right next to left)

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=78379