

Body Like a Back Road

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Count: 32 **Wall:** 4 **Level:** —

Choreographer: Jenergy & Company - February 2017

Music: Body Like a Back Road by Sam Hunt

Alt. music: Dancing Kizomba by Alz Veliz

Weight starts on Right Foot

Take weight ball of L, Hips thrusts, Step back L sliding R, Rumba box R, Rolling vine L

- 1** Step L next to R keeping weight elevated on ball of L foot (*see end of dance for tips on flow)
- 2&3** Step R forward thrusting R hip forward, shift weight back to L thrusting L hip back, Shift weight forward R thrusting R hip forward
- 4** Step L back dragging R
- 5&6** Step back R, Step L to R, Step R to R side (prep/bend knee for rolling vine)
- 7&8** Step L to L side turning 1/4 turn L, Step R as you turn 1/2 L, Step L turning 1/4 L to face 12 o'clock

(Replace rolling vine with traditional vine if needed)

Cross Rock, Side Rock, Weave L, Sway L then R

- 1-2** Step R across L, recover weight to L
- 3-4** Step R to R side, recover weight to L
- 5&6** Step R behind L, Step L to L side, Step R across L
- 7-8** Step L to L swaying hips L, Step R to R swaying hips R

Kick cross touch L-R then R-L, Rock forward L recover R, walk back L,R,L

- 1&2** Kick L forward, Step L crossing over R, Touch R toe to R side
- 3&4** Kick R forward, Step R crossing over L, Touch L toe to L side
- 5-6** Step L forward, Recover weight to R
- 7&8** Step back L, Step back R, Step back L

Nightclub R, nightclub L, 1/4 turn R shuffle on R, Point L, Cross L over R, step back R

- 1-2&** Slide R to R side, Rock L behind R, Recover weight R

3-4& Slide L to L side, Rock R behind L, Recover weight L

5&6 1/4 turn R (facing 3 o'clock) as you step R forward, Step L to Right, Step R forward

7 Point L toe out to L side

8& Cross L over R, Step R back

(*Dance begins taking weight to L, flow is to Step L to R with weight being elevated up on balls of both feet before stepping forward R on 2 count for hip thrusts)

Repeat & Enjoy!

Jenergy

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