

# Can't Help My Heart

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**Count:** 32

**Wall:** 4

**Level:** Intermediate

**Choreographer:** Bobby Houle - July 2015

**Music:** I Can't Help My Heart by Will Chase & Laura Benanti

## [1-7] Right Forward, Step, Pivot Step, Back Lock Step, Diagonal Rock Step Cross

- 1-2&3** Right forward, left forward, pivot  $\frac{1}{2}$  turn right, on ball of right  $\frac{1}{2}$  turn right, left foot back
- 4&5** Right back diag. right, left lock in front of right, right back diag.
- 6&7** Rock left back diag. Left, return on right, left cross slightly in front of right

## [8-15] Jazz Box $\frac{1}{2}$ Turn Right, Rock Back, Side, Rock Back, Rock Forward Step Back, $\frac{1}{2}$ Turn Right, Right Left Forward, Pivot $\frac{1}{2}$ Turn Right

- 8&1** Right cross in front of left, left foot back  $\frac{1}{2}$  turn right, step to right
- 2&3** Rock left behind right, return on right foot, step to left
- 4&5** Rock right behind left, return on left foot, rock right forward
- 6&7&** Return on left back(6), on ball of left  $\frac{1}{2}$  turn right, right forward(&), left forward(7), pivot  $\frac{1}{2}$  turn right(&)

## [16-23] Run (x3), Step Pivot $\frac{3}{8}$ Turn Left, Forward, $\frac{1}{2}$ Turn Right, Run Back (L,R,L), Rocking Chair

- 8&1** Left right left forward
- 2&3** Right forward, pivot  $\frac{3}{8}$  turn left (facing 1:30), right forward
- 4&5** On ball of right  $\frac{1}{2}$  turn right (facing 7:30), left right left backward
- 6&7&** Rock right back(6), left in place(&), rock right forward(7), left in place(&)

## [24-32] Coaster Step, Left Forward, Side Rock Step $\frac{1}{8}$ Left, Together $\frac{1}{2}$ Turn Right, Step Right Left, Rock Step 1 $\frac{1}{4}$ Triple Right

- 8&1** Right back, left beside right, right forward
- 2-3&4&** Left forward(2), rock right to right(3), return to left(&), right forward  $\frac{1}{8}$  turn right(4) (6 o'clock), on ball of right make  $\frac{1}{2}$  turn right left beside right weight on left (&)
- 5-6** Right left forward

**7&8&1** Rock right forward(7), return back on left(&), triple in place 1¼ turn right, right left right(8&1), the last step right of the triple is the first step of the beginning of the dance (3 o'clock)

**Restart 1 : You do the dance twice. You're in the 6 o'clock wall. You do the first 16 counts and begin again. Now your on 12 o'clock.**

**Restart 2 : You do the dance 4 other times. You're on the 6 o'clock wall. You do the first 24 counts. Your facing (1:30) and you do the coaster step and begin again on 12 o'clock.**

**Enjoy!**

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