

Bringing It All Back

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Count: 32 **Wall:** 4 **Level:** Intermediate

Choreographer: Stephen & Lesley McKenna (Scotland) Sept 2015

Music: Feel The Light by Jennifer Lopez on HOME soundtrack

Intro: 16 counts after the piano intro, heavy beat and on the word GO when she sings 'Here I Go'.

Please note this track has a really long intro, we have edited our track to start at 1:10 secs.

Section 1: L cross rock, recover sweep, behind side cross, 1/4 L sweep, behind point hitch step touch

- 1-2** Cross rock left over right, recover right sweeping left out
- 3&4** Step left behind right, step right to right side, cross left over right
- 5-6** Turn 1/4 L stepping on right whilst sweeping left out, step left behind Right (9 O'Clock)
- &7&8** Point right toe to right side, hitch right knee towards left, step Forward right, touch left toe next to right

Section 2: Step L, full triple turn L, Step L, diagonal back R L, 1/4 R side touch

- 1-2&** Step forward left, turn 1/4 L stepping small step right, turn 1/2 L Stepping small step left
- 3-4** Turn 1/4 L stepping small step right, step forward left (9 O'Clock)
- 5-6** Step right back diagonal right allowing left foot to naturally slide next To right, step left back diagonal left allowing right foot to naturally Slide next to left
- 7-8** Turn 1/4 R stepping right big step to right side, touch left toe next to right (12 O'Clock)

Section 3: Step L, 1/2 L, step back L, R back lock back, 1/2 L hitch point, bump down & up

- 1&2** Step forward left, turn 1/2 L stepping back on right, step back left (6 O'Clock)
- 3&4** Step back right, cross left over right, step back right
- 5&6** Turn 1/2 L stepping left, hitch right knee up, point right toe to right Side pushing right hip up and out to right side
- &7&8** Relax right hip , bump to right down to right side, relax right hip, Bump up to right side (12 O'Clock)

Section 4: R sailor 1/2 R, cross 1/4 L side, runs R L R forward, hitch, runs back L R L R

- 1&2** Step right behind left, turn 1/4 right stepping left, turn 1/4 right Stepping right to right side (6 O'Clock)
- 3&4** Cross left over right, turn 1/4 left stepping on right, step left next to right (3 O'Clock)
- 5&6&** Run forward right, left, right, hitch left knee as you raise your right Heel to lift your body higher (like standing on tip toes)
- 7&8&** Run back left, right , left , right

Enjoy!

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