

One More Sleep (□□□□□)

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Count: 48 **Wall:** 4 **Level:** Improver

Choreographer: Nina Chen , Taiwan (Dec 2016)

Music: One More Sleep by Leona Lewis

Intro: 16 counts

S1. FWD ROCK RECOVER - FWD SHUFFLE 1/2 R - SWAY

1-2, 3&4 Rock RF fwd - Recover onto LF - Fwd shuffle (R L R) 1/2 turn R (6:00)

5-8 Sway (L R L R)

1-2, 3&4 □□□□ - □□□□ - □□□□ (□ □ □) □□ **1/2 (6:00)**

5-8 □□□□ (□ □ □ □)

S2. CROSS ROCK RECOVER - SAILORS 1/4 L - FWD PIVOT 1/4 L .X2

1-2, 3&4 Rock LF over RF - Recover onto RF - 1/4 turn L (3:00) Cross LF behind RF - Step RF to R - Step LF fwd

5-8 Step RF fwd - Pivot 1/4 L (12:00) - Step RF fwd - Pivot 1/4 L (9:00) (weight onto LF)

1-2, 3&4 □□□□□ - □□□□□ - □□ **1/4 (3:00)** □□□□ - □□□□ - □□□□

5-8 □□□□ - □□□□ **1/4 (12:00)** - □□□□ - □□□□ **1/4 (9:00)** (□□□□□□)

S3. CROSS - 1/4 R BACK - R CHASSE - JAZZ BOX 1/4 L

1-2, 3&4 Cross RF over LF - 1/4 turn R (12:00) Step LF back - Chasse to R (R L R)

5-8 Cross LF over RF - 1/8 turn L (10:30) Step RF back - 1/8 turn L (9:00) Step LF to L - Step RF fwd

1-2, 3&4 □□□□ - □□ **1/4 (12:00)** □□□□ - □□□□ (□ □ □)

5-8 □□□□ - □□ **1/8 (10:30)** □□□□ - □□ **1/8 (9:00)** □□□□ - □□□□

S4. FWD ROCK RECOVER - BACK SHUFFLE - BACK ROCK RECOVER - FWD SHUFFLE

1-2, 3&4 Rock LF fwd - Recover onto RF - Back shuffle (L R L)

5-6, 7&8 Rock RF back - Recover onto LF - Fwd shuffle (R L R)

1-2, 3&4 □□□□□ - □□□□□ - □□□□□ (□ □ □)

5-6, 7&8 □□□□ - □□□□ - □□□□ (□ □ □)

55. SIDE ROCK RECOVER - CROSS SHUFFLE - SIDE ROCK RECOVER - VINE 1/4 L

1-2, 3&4 Rock LF to L - Recover onto RF - Cross shuffle (L R L)

5-6, 7&8 Rock RF to R - Recover onto LF - Step RF behind LF - Step LF to L - 1/4 Turn L (6:00) Step RF fwd

1-2, 3&4 □□□□ - □□□□ - □□□□ (□ □ □)

5-6, 7&8 □□□□ - □□□□ - □□□□ - □□□□ - □□ 1/4 (6:00) □□□□

56. FWD ROCK RECOVER - COASTER STEP - FWD PIVOT 1/4 L - HEELS UP DROP

1-2, 3&4 Rock LF fwd - Recover onto RF - Step LF back - Step RF beside LF - Step LF fwd

5-6, 7&8 Step RF fwd - Pivot 1/4 L (3:00) (weight onto LF) - Step RF beside LF - Both heel up - Drop both heels

1-2, 3&4 □□□□ - □□□□ - □□□□ - □□□□□□□□ - □□□□

5-6, 7&8 □□□□ - □□□□ 1/4 (3:00) (□□□□□□□□) - □□□□□□□□ - □□□□□□ - □□□□□□

TAG: Well 4 after 32counts (6:00)

1-4 Sway to L - Hold - Sway to R - Sway to L

1-4 □□□□□□ - □ - □□□□□□ - □□□□□□

Have Fun & Happy Dancing!

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