

Nasi Bekepor

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Count: 64

Wall: 1

Level: Phrased Intermediate

Choreographer: Roosamekto " Mamek " ULD Bekasi - Indonesia (1st March 2015)

Music: Nasi Bekepor by Nadira Arisanty

Intro: 32 count

Sequences: A, bridge 1, B, bridge 2, A, bridge 1, B, bridge 2, TAG, A, bridge 1, B, bridge 2, A, bridge 1, B

A (Always start facing 12:00)

B (Always start facing 06:00)

Choreographer's note: For advanced dancers, you may change all the forward & back shuffle to forward locked & back locked shuffle. TQ

A.1: CROSS/ROCK, RECOVER, TOUCH, SIDE STEP

1-4 Cross/Rock R over L - Recover on L - Touch R beside L - Step R to side

5-8 Cross/Rock L over R - Recover on R - Touch L beside R - Step L to side

A.2: WEAVE, CROSS SHUFFLE, SIDE ROCK, RECOVER

1-4 Cross R over L - Step L to side - Cross R behind L - Step L to side

5&6 Cross R over L - Step L to side - Cross R over L

7-8 Rock L to side - Recover on R

A.3: WEAVE, CROSS SHUFFLE, SIDE ROCK, RECOVER

1-4 Cross L over R - Step R to side - Cross L behind R - Step R to side

5&6 Cross L over R - Step R to side - Cross L over R

7-8 Rock R to side - Recover on L

A.4: JAZZ BOX TURN 1/4 RIGHT (2X)

1-4 Cross R over L - Turn $\frac{1}{4}$ right step L back - Step R to side - Step L forward

5-8 Cross R over L - Turn $\frac{1}{4}$ right step L back - Step R to side - Step L forward

BRIDGE 1: ROCKING CHAIR

1-4 Rock R forward - Recover on L - Rock R back - Recover on L

B.1: SWITCH TOUCHES, RIGHT LINDY

- 1-4 Touch R to side – Touch R beside L – Touch R to side – Touch R beside L
- 5&6 Step R to side – Step L together – Step R to side
- 7-8 Rock L back – Recover on R

B.2: SWITCH TOUCHES, LEFT LINDY

- 1-4 Touch L to side – Touch L beside R – Touch L to side – Touch L beside R
- 5&6 Step L to side – Step R together – Step L to side
- 7-8 Rock R back – recover on L

B.3: WALK FORWARD R-L, FORWARD SHUFFLE, FORWARD, PIVOT TURN 1/2 RIGHT, FORWARD SHUFFLE

- 1-2 Step forward R – Step forward L
- 3&4 Step R forward – Step L together – Step R forward
- 5-6 Step L forward – Turn ½ right
- 7&8 Step L forward – Step R together – Step L forward

B.4: WALK FORWARD R-L, FORWARD SHUFFLE, ROCK FORWARD, RECOVER, BACK SHUFFLE

- 1-2 Step R forward – Step L forward
- 3&4 Step R forward – Step L together – Step R forward
- 5-6 Rock L forward – Recover on R
- 7&8 Step L back – Step R together – Step L back

BRIDGE 2: STEP TO SIDE WITH HIPS SWAY RIGHT, SWAY LEFT, SWAY RIGHT, SWAY LEFT

- 1-4 Step R to side sway hip right – Sway hips left – Sway hips right – Sway hips left

REPEAT

TAG: End of wall 2 (after you do the bridge 2)

CROSS, SIDE, CROSS SHUFFLE

- 1-2 Cross R over L – Step L to side
- 3&4 Cross R over L – Step L to side – Cross R over L

5-6 Cross L over R – step R to side

7&8 Cross L over R – Step R to side – Cross L over R

For Song & Step Sheet, please contact: Roosamekto.Nugroho@gmail.com

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=103055