

Head & Heart

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Count: 32 **Wall:** 4 **Level:** Improver

Choreographer: Jan Brookfield - May 2017

Music: "The Head & Heart" by David Starr - 85 BPM

A gentle two-step style line dance (S,S,QQ,S) Start after 11 secs on vocals.

Section 1 : SWAY x 2, SIDE, CLOSE, FORWARD; SWAY x 2, SIDE, CLOSE, FORWARD

1,2: Step R to right side swaying hips to right, transfer weight onto L swaying hips left

3&4: Step R to right side, close L to R, step R forward

5,6: Step L to left side swaying hips to left, transfer weight onto R swaying hips right

7&8: Step L to left side, close R to L, step L forward

Section 2 : ROCK, RECOVER, COASTER, ROCK, RECOVER, ½ TURN SHUFFLE

9,10: Rock R forward, recover onto L

11&12: Step R back, step L next to R, step R forward

13,14: Rock L forward, recover onto R

15&16: Making a half turn over left shoulder shuffle forward on L,R,L (6 o'clock)

Section 3 : STEP, ¼ PIVOT, CROSS SHUFFLE, ROCK SIDE, RECOVER, BEHIND, SIDE, CROSS

17,18: Step R forward, pivot a quarter turn left transferring weight onto L (3 o'clock)

19&20: Shuffle across in front to left side on R,L,R

21,22: Rock L to left side, recover onto R

23&24: Step L behind R, step R to right side, step L across in front of R

Section 4 : ¼ TURN PADDLES x 2, REVERSE SAILOR STEP x 2 (S,S,S,S, QQ,S,QQ,S)

25,26: Step R to right side, pivot quarter turn left transferring weight onto L

27,28: Repeat steps for counts 25,26 (now facing 9 o'clock)

29&30: Step R across in front of L, step back L out to left side, step R out to right side

31&32: Step L across in front of R, step back R out to right side, step L out to left side

***** TAG NEEDED HERE AFTER WALLS 2 AND 5**

***** TAG 4 COUNTS : SIDE , TOUCH, SIDE, TOUCH**

1,2,3,4: Step R to right side, touch L next to R; step L to left side, touch R next to L

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