

# I'm ROCK & ROLL

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**Count:** 96

**Wall:** 2

**Level:** Phrased Intermediate

**Choreographer:** D.Donati - S.Di Mario - E.Cattaneo - June 2015

**Music:** I'm ROCK & ROLL by D.Donati

**Sequenza: A,B, A,B, C, C,C,B, A,B,B - Start dancing on lyrics**

## **"PARTE A"**

**A1: JUMP BACK KICK LEFT, RECOVER, STOMP RIGHT,STOMP LEFT,POINT RIGHT BACK AND TURN ½ BACK , POINT LEFT AND TURN ½ BACK**

**1-2-3-4**jump right back and kick left forward, recover, stomp right, stomp left,

**5-6-7-8**point toe right back and turn ½ back, point toe left forward and turn ½ back

**A2: JUMP BACK,KICK LEFT,STOMP RIGHT,STOMP LEFT,POINT RIGHT FORWARD AND TURN ½ FORWARD, POINT LEFT AND TURN ½ FORWARD,**

**1-2-3-4**jump right back, kick left forward, stomp right, stomp left

**5-6-7-8**point toe right forward and turn ½ forward, point toe left back and turn ½ forward

**A3: SIDE SHUFFLE RIGHT,CROSS BACK, LEFT GRAPEVINE,STOMP RIGHT**

**1e2-3-4** shuffle right to side right-left-right, cross left behind right and recover

**5-6-7-8**step left to side, cross right behind, step left to side, stomp right together

**A4: MONTEREY ½ TURN, MONTEREY ½ TURN**

**1-2-3-4**touch right side, turn ½ right and step right together, touch left side, step left together

**5-6-7-8**touch right side, turn ½ right and step right together, touch left side, step left together

## **"PARTE B"**

**B1: KICK RIGHT,ROCK BACK,BODY ROLL,TOE STRUTT LEFT BACK ,TOE STRUTT RIGHT BACK**

**1-2-3-4right kick forward, step right back, body roll right to left**

**5-6-7-8point toe left back and lower left heel, point toe right back and lower right heel**

**B2: ROCKING CHAIR, STEP LEFT TO SIDE, TURN  $\frac{1}{4}$  AND KICK RIGHT,COASTER STEP**

**1-2-3-4rock left back, recover to right, rock left forward, recover to right**

**5-6-7e8step left to side, turn  $\frac{1}{4}$  to right and kick right, right coaster step**

**B3: STEP DIAGONAL LEFT AND RECOVER, COASTER STEP, STEP DIAGONAL RIGHT AND RECOVER, COASTER STEP**

**1-2-3e4step diagonal left, recover to right, left coaster step**

**5-6-7e8step diagonal right, recover to left, right coaster step**

**B4: JAZZ BOX, RIGHT KICK, RIGHT BRUSH, RIGHT FLICK, TURN  $\frac{1}{2}$  TO RIGHT, STEP RIGHT**

**1-2-3-4cross left over, step right back turn  $\frac{1}{4}$  to left , step to left and stomp right**

**5-6-7-8right kick, right brush and right flick, turn  $\frac{1}{2}$  to right, touch right together**

**“PARTE C”**

**C1: DIAGONAL STEP LOCK STEP RIGHT,SCUFF,DIAGONAL STEP LOCK STEP LEFT,STOMP**

**1-2-3-4diagonal forward step lock step right, scuff**

**5-6-7-8diagonal forward step lock step left, stomp**

**C2: DIAGONAL BACK STEP LOCK STEP RIGHT,STOMP,DIAGONAL BACK STEP LOCK STEP LEFT,STOMP**

**1-2-3-4diagonal back step lock step right, stomp**

**5-6-7-8diagonal back step lock step left, stomp**

**C3: SHUFFLE RIGHT TO SIDE,CROSS BACK LEFT,SHUFFLE LEFT TO SIDE,CROSS BACK RIGHT**

**1e2-3-4 shuffle right to side right left right, cross back left and recover**

**5e6-7-8 shuffle left to side left right left, cross back right and recover**

**C4: STEP RIGHT FORWARD,TURN ½ ,STEP RIGHT FORWARD,TURN ½ ,STOMP RIGHT,STOMP LEFT,CLAP, CLAP.**

**1-2-3-4step right forward, turn ½ to left, step right forward, turn ½ to left**

**5-6-7-8stomp right, stomp left together, clap, clap**

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**MUSIC:**

**[https://play.google.com/store/music/album/DAVIDE\\_DONATI\\_I\\_M\\_ROCK\\_ROLL?id=Bnm55x33mi5t](https://play.google.com/store/music/album/DAVIDE_DONATI_I_M_ROCK_ROLL?id=Bnm55x33mi5t)**

**Last Update - 1st July 2015**