

Freight Train

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Count: 54

Wall: 4

Level: Phrased Intermediate

Choreographer: Danièle Percher-Ribeau (France-Août 2010)

Music: Freight train (Alan Jackson) 121 BPM

To « cling » with music, the choreography has 4 parts and 1 tag.

A - B - CCC - D - A - B - CCC - D - TAG - A - B - CCC - D - TAG X2 - CCC - D - repeat the TAG until the end.

PART A

SHUFFLE FORWARD-1/2 TURN RIGHT-SHUFFLE BACKWARD-COASTER STEP-HELL GRIND LEFT WITH 1/4 TURN LEFT

- 1&2** Shuffle forward Right Left Right
- 3&4** Shuffle back LRL with 1/2 turn Right
- 5&6** Coaster step R : Right foot back, left foot side right foot, right foot forward
- 7-8** Heel grind L : Left heel forward, toes on right, turn toes to left with 1/4 turn left

COASTER STEP-SHUFFLE FORWARD-1/2 TURN RIGHT-SHUFFLE BACKWARD-COASTER STEP

- 9&10** Coaster step L : Left foot back, right foot side left foot, left foot forward
- 11&12** Shuffle forward RLR
- 13&14** Shuffle back LRL with 1/4 turn right
- 15-16** Coaster step Right : right foot back, left foot side right foot, right foot forward

HEEL GRIND LEFT WITH 1/4 TURN LEFT-COASTER STEP LEFT-HEEL SWITCHES-STEP-1/4 TURN LEFT

- 17-18** Heel grind L : left heel forward, toes on right, turn toes to left with 1/4 turn left
- 19&20** Coaster step L : left foot back, right foot side left foot, left foot forward
- 21&22&** Right heel forward (21), right heel side left heel (&), Left heel forward (22), left heel side right heel (&)
- 23-24** Right foot forward, 1/4 turn left

PART B

CROSS STEP ½ TURN LEFT-SAILOR STEPS RIGHT AND LEFT-STEP SLIDE

25-26 Cross right foot on left foot, ½ turn left

27&28 Sailor step R : cross right foot behind left foot, step left foot on left, right foot in place

29&30 Sailor step L : cross left foot behind right foot, step right foot on right, left foot in place

31-32 1 step right foot forward, slide left foot side right foot

PART C

CLAP-HEELS AND TOES SWIVELS-SAILOR STEP

33-34 Clap - clap

35-36 Swivels on Right heel and Left toe : right toe on right and left heel on left, in place

37-38 Swivels on Left heel and Right toe : left toe on left and right heel on right, in place

39&40 Sailor step R: cross right foot behind left foot, step left foot on left, right foot in place

SAILOR STEP-KICK BALL STEPS-CROSS STEP-1/2 TURN LEFT

41&42 sailor step L : cross left foot behind right foot, step right foot on right, left foot in place

43&44 Kick ball step R: Kick right foot crossed on left foot, Right foot in place, step left foot on left

45&46 Kick ball step R: Kick right foot crossed on left foot, Right foot in place, step left foot on left

47&48 Kick ball step R :Kick right foot crossed on left foot, Right foot in place, step left foot on left

49-50 Cross right foot on left, ½ turn on left

PART D

SAILOR STEP - SAILOR STEPS TURN LEFT

51&52 Sailor step R :cross right foot behind left foot, step left foot on left, right foot in place

53&54 Sailor step Left with ¼ turn left

TAG (32 comptes) :

1-2 Touch Right heel forward, Touch right toes back

3&4 shuffle RLR in place

5-6 Touch Left heel forward, Touch left toes back

7&8 Shuffle LRL in place

Repeat counts 1 to 8

1-2 Touch Right heel forward, Touch Right toes back

3&4 shuffle forward : RLR

5-6 Touch Left heel forward, Touch right toes back

7&8 shuffle forward LRL

9-10 Rock step Right forward : step right foot forward, back on left foot

11&12 Coaster step Right : Right foot back, Left foot side Right foot, Right foot forward

13-14 Rock step Left forward : step left foot forward, back on right foot

15&16 Coaster step Left : Left foot back- Right foot side Left foot, Left foot forward