

# No Sacrifice

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**Count:** 64      **Wall:** 2      **Level:** Improver / Intermediate

**Choreographer:** Amanda BOWDEN . Melbourne, Vic. Australia. (Jan 2013)

**Music:** "Sacrifice" by Elton John. Album: "Rocket Man - The Definitive Hits"

**This dance is done in TWO directions. Introduction :32 Beats**

**Side, Drag, Behind-Side-Across, Side, Rock, Behind-Side-Across**

- 1, 2      Step L To The Side, Drag R Towards Left,
- 3 & 4      Step R Behind Left, Step L To The Side, Step R Across In Front Of Left,
- 5, 6      Step L To The Side, Side Rock Onto R,
- 7 & 8      Step L Behind Right, Step R To The Side, Step L Across In Front Of Right.

**Side, Drag, Hinge Turn, Drag, Rocking Chair**

- 1, 2      Step R To The Side, Drag L Towards Right,
- 3, 4      Hinge Turn 180deg Left Step L To The Side, Drag R Towards Left,
- 5, 6      Rocking Chair : Step R Forward, Rock Back Onto L,
- 7, 8      Step R Back, Rock Forward Onto L.

**Forward, Touch, Back, Touch, Back, Drag & Forward, Forward**

- 1, 2      Step R Forward, Touch L Toe Together,
- 3, 4      Step L Back, Touch R Toe Together,
- 5, 6      Big Step R Back, Drag L Towards Right,
- &7, 8      Step L Together, Step R Forward, Step L Forward.

**Forward, Sweep, Across-1/4 Back-1/4 Side, Across, Rock, Side, Drag**

- 1, 2      Step R Forward, Sweep L Toe To The Side,
- 3      Step L Across In Front Of Right,
- & 4      Turn 90deg Left Step R Back, Turn 90deg Left Step L To The Side,
- 5, 6      Step R Across In Front Of Left, Rock Onto L,
- 7, 8      Big Step R To The Side, Drag L To Touch Together. ##

**Side, Together, Forward, Touch, Side, Together, Back, Touch**

- 1, 2 Step L To The Side, Step R Together,  
3, 4 Step L Forward, Touch R Toe Together,  
5, 6 Step R To The Side, Step L Together,  
7, 8 Step R Back, Drag To Touch L Toe Together.

### **Forward, 1/4 Sweep, Across, Back, Back, Across, Back, 1/2 Forward**

- 1, 2 Step L Forward, Sweep R Toe To The Side Turning 90deg Left,  
3, 4 Step R Across In Front Of Left, Step L Back At 45deg Left,  
5, 6 Step R Back At 45deg Right, Step L Across In Front Of Right,  
7, 8 Step R Back At 45deg Right, Turn 180deg Left Step L Forward.

### **Pivot Turn, Forward, Hold, Pivot Turn, Forward, Hold**

- 1, 2 Pivot :Step R Forward, Turn 180deg Left Take Weight Onto L,  
3, 4 Step R Forward, Hold,  
5, 6 Pivot : Step L Forward, Turn 180deg Right Take Weight Onto R,  
7, 8 Step L Forward, Hold.

### **Forward, Together, Back, Together, Across, 3/4 Unwind, Side, Drag**

- 1, 2 Step R Forward, Step L Together,  
3, 4 Step R Back, Step L Together,  
5, 6 Step R Across In Front Of Left, Turn 270deg Left Unwind Take Weight On L  
7, 8 Step R To The Side, Drag L To Touch Together. (\*\*)

### **[64] Repeat The Dance In New Direction**

**RESTARTS :On WALL 2 & WALL 5 dance to BEAT 32 ( ## )& RESTART to BACK & BACK**

**TAGS :At the END ( \*\* ) of WALL 3& WALL 6( FRONT) ADD the following tag :**

**1 - 8SLOW HIPS LEFT, SLOW HIPS RIGHT, SLOW HIPS LEFT, SLOW HIPS RIGHT.**