

# Put Your Hands Up

LINEDANCE.COM

**Count:** 32      **Wall:** 2      **Level:** Improver

**Choreographer:** Lilian Lo (HK) Nov 2016

**Music:** Good To Be Alive by Meghan Trainor (3.48 mins.) - single

## Count in: 16 Count Intro (0.10 mins.)

### (1 - 8) Cross, Tap, Behind, ¼ Turn, Step, ½ Turn, Suffle

**1 2 3 4**      Cross RF over LF (1), Tap LF to Side (2), Cross LF behind RF (3), ¼ Turn R stepping RF Fwd (4), @3:00

**5 6 7&8**      Step LF Fwd (5), ½ Turn R stepping RF in place (6), Step LF Fwd (7), Cross RF behind LF (&), Step LF Fwd (8), @ 9:00

### (9 - 16) Pivot ¼ Turn x 2, ¼ Turn, Rock R-L-R, Close

**1 2 3 4**      Step RF Fwd (1), Pivot ¼ Turn L (2), Step RF Fwd (3), Pivot ¼ Turn L (4), @3:00

**5 6 7 8¼ Turn L stepping RF to Side and Hip Rocking R-L-R (5, 6, 7), Close LF next to RF (8), @12:00**

### (17 - 24) Cucarachas, Rock Fwd, Coaster Step

**1&2**      Step RF to Side Rocking R (1), Transfer weight to LF (&), Close RF next to LF (2), @ 12:00

**3&4**      Step LF to Side Rocking L (3), Transfer weight to RF (&), Close LF next to RF (4), @ 12:00

**5 6 7&8**      Step RF Fwd Rocking Fwd (5), Replace on LF (6), Step RF back (7), Close LF next to RF (&), Step RF Fwd (8), @12:00

### (25- 32) Step, Cross, ½ Turn, Cross, Replace, Vine

**1 2 3 4**      Step LF Fwd (1), Cross RF over LF (2), ½ Turn L on RF (3, 4) @ 6:00

**5 6 7&8**      Cross LF over RF (5), Replace on RF (&), Step LF to Side (6), Cross RF over LF (7), Step LF to Side (8), @6:00

**Enjoy!**

**Last Update - 13th Nov 2016**