

BRAIN DRAIN

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Count: 32 **Wall:** 2 **Level:** beginner

Choreographer: Lorraine Harvey

Music: This Is Your Brain by Joe Diffie

SIDE-TOGETHER-SIDE-HOLD-CROSS-ROCK-TURN-HOLD

- 1-4** Step right to right, step left beside right, step right to right, hold
- 5-6** Cross/rock left over right, return weight to right
- 7-8** Turning $\frac{1}{4}$ left step forward on left, hold

SIDE-TOGETHER-SIDE-HOLD- CROSS-ROCK- TURN-HOLD

- 1-4** Step right to right, step left beside right, step right to right, hold
- 5-6** Cross/rock left over right, return weight to right
- 7-8** Turning $\frac{1}{4}$ left step forward on left, hold

FORWARD-TOGETHER-FORWARD-HOLD -FORWARD-TOGETHER-FORWARD-HOLD

- 1-2** Moving forward to right diagonal step forward on right, step left beside right
- 3-4** Still moving towards right diagonal. Step forward on right, hold
- 5-6** Moving forward to left diagonal step forward on left, step right beside left
- 7-8** Still moving towards left diagonal. Step forward on left, hold

SIDE-TOGETHER-BACK-HOLD-SIDE-TOGETHER-FORWARD-TAP

- 1-4** Step right to right, step left beside right, step back on right, hold
- 5-8** Step left to left, step right beside left, step forward on left, tap right beside left

REPEAT