

My Heart

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Count: 24

Wall: 4

Level: Beginner / Intermediate

Choreographer: Sabine Najda

Music: Oh My Heart by R.E.M.

Basic Waltz, ½ Turn Waltz

1LF step forward

2-3 Step RF together, Step LF in-place

4RF step back turning ½ left

5-6 Step LF together, Step RF in-place

Step, Point, Hold, Back Step, Point, Hold

1LF step forward

2-3 Point RF right, Hold

4RF Step back and cross behind LF

5-6 Point LF left, Hold

Cross, Side, Behind, Sweep ¼ Turn

1 Cross LF over RF

2-3 Step RF to side, Cross LF behind RF

4-6 Sweep right back turning ¼ right (keep toes close to the floor)

Behind, Side, Cross, Ronde

1 Cross RF behind LF

2-3 Step LF to side, Cross RF over LF

4-6 Sweep left to front (keep toes close to the floor)