

Plastic

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Count: 48 **Wall:** 4 **Level:** Intermediate

Choreographer: K (Feb 2012)

Music: La Gran Ricetta Per La Plastica – Fraulein Rottenmeier (Elettronica Maccheronica)

WALKS, ¼ TURN, SIDE SHUFFLE, LOCK UNWIND,

- 1-2 Walk forward Rt, Lt,
3 Pivot a ¼ turn Lt and rock Rt foot to Rt side,
& Rock weight onto Lt foot,
4 Rt foot cross over Lt,
5&6 Lt side shuffle,
7-8 Rt foot cross behind Lt, unwind a ½ turn Rt,

WALKS, ¼ TURN, SIDE SHUFFLE, LOCK UNWIND,

- 9-16 Reverse of 1-8 (starting with Lt foot and ending with ½ turn Lt, weight on Lt)

ROCK, COASTER, ROCK, SHUFFLE,

- 17-18 Rt foot step forward, rock weight back onto Lt foot,
19&20 Rt coaster step,
21-22 Lt foot step forward, rock weight back onto Rt foot,
23&24 Lt shuffle back,

SIDE SWITCHES, STEP TURN HITCH, ROCKS AND LOCK,

- 25&26 Rt toe touch to Rt side, Rt step next to Lt, Lt toe touch to Lt side,
& Lt step next to Rt,
27 Rt foot step forward,
28 Hitch Lt knee up making a ½ turn Lt,
29-30 Lt foot step back, rock weight forward onto Rt foot,
31-32 Rock weight back onto Lt foot, lock Rt foot over the cross of Lt foot,

UNWIND, STEP, SAILORS, WALKS STEP PIVOT, SHUFFLE

- 33 Unwind a full turn Lt,
34 Lt step to Lt side,

- 35&36** Rt sailor step,
- 37&38** Lt sailor step,
- 39&40** Rt sailor step,
- 41-42** Walk forward Lt, Rt,
- 43-44** Lt step forward, pivot a ½ turn Rt,
- 45&46** Lt shuffle forward,

TURN STEP, POP

- &** Turn a ¼ turn and step Rt to side
- 47** Lt toe touch next to Rt,
- 48** Rt knee pop forward putting weight onto Lt.....