

# GET 'EM UP

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**Count:** 32      **Wall:** 4      **Level:** beginner/intermediate

**Choreographer:** James "JP" Potter

**Music:** Will 2K by Will Smith

## KICK; TOUCH; SWIVEL $\frac{1}{4}$ TURN; SAILOR; $\frac{3}{4}$ TURN

- 1-2** Kick right foot across the left and punch right arm to left diagonal; touch right toe to right side and bring arm back down
- 3&4** Swivel heels to the left; swivel heels to the right; swivel heels to the left and turn a  $\frac{1}{4}$  turn to the right (weight ending on left foot)
- 5&6** Cross right behind left; step left slightly to left side; step right to right side (sailor step)
- 7-8** Cross left foot behind right; unwind  $\frac{3}{4}$  turn to the left (weight ending on left foot)

## CHARLESTON FOR 8 COUNTS

- 9-10** Step right forward; touch left toe forward
- 11-12** Step left back; touch right toe back
- 13-16** Repeat previous 4 counts

**Instead of doing the easy steps for the Charleston, you can substitute something like the mashed potato.**

- &9&10** Bring right up and swivel heels out; step right forward and swivel heels in; bring left up and swivel heels out; touch left forward and swivel heels in
- &11&12** Bring left up and swivel heels out; step left back and swivel heels in; bring right up and swivel heels out; touch right back and swivel heels in
- 13-16** Repeat 9-12

## BUMP RIGHT (TWICE); BUMP LEFT (TWICE); $\frac{1}{4}$ TURN LEFT; $\frac{1}{4}$ TURN RIGHT; & SHUFFLE

- 17&18** Bump hips to the right; bump hips to the right

**Arm styling: Bring right forearm up (parallel to the ground) to just below shoulder level, hand in a fist. Left hand grabs right fist, left elbow is pointing down (the two forearms make a right angle). As you bump the hips to the right on 17, the right elbow moves to the right. On & the elbow moves back to center (just like the hips). On 18, the elbow moves to the right again**

**19&20** Bump hips to the left; bump hips to the left

**Arm styling: The movement is the exact opposite. The right hand now grabs the left fist with the left elbow pointing to the left side and the right elbow pointing down.**

**21-22** Swivel  $\frac{1}{4}$  turn to the left, weight ending on right (this is easier to do if you move your hips to the right as you turn); turn  $\frac{1}{2}$  to the right, weight ending on left

**&23&24** Step right next to left; step left forward; step right next to left; step left forward

**23&24 are a shuffle forward**

### **BACK RIGHT; BACK LEFT; FULL TURN; WALK FORWARD WITH ARMS**

**25-26** Step right back; step left back

**27-28** Step right back into a  $\frac{1}{2}$  turn to the right; step left forward into a  $\frac{1}{2}$  turn to the right

**29-30** Step right forward and put right arm up at a 45 degree angle, snapping fingers; step forward left and put left arm up at a 45 degree angle, snapping fingers

**31-32** Step right forward and put right arm down at a 45 degree angle, snapping fingers; step forward left and put left arm down at a 45 degree angle, snapping fingers

### **REPEAT**