

DETRIMENTAL VELOCITY

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Count: 32

Wall: 2

Level: intermediate

Choreographer: Iisakki Yrjänä Johannes

Music: Maximo Park by Our Velocity

Intro of 8 seconds just as the heavier rock sound starts, 8 counts previous of lyrics

SIDE ROCK, BEHIND SIDE, ROCKING CHAIR/ STEP BALL TURN, TOE STRUTS

1&2& Rock right to right side, recover on left, cross right behind left, step left to left

3&4& Rock right forward, recover left in place, rock right back, recover left in place

5&6 Step right forward, make $\frac{1}{2}$ turn right closing left foot, step right forward

7&8& Touch left toe forward, drop left heel, touch right toe forward, drop right heel

SIDE MAMBO LEFT, HEEL GRIND $\frac{1}{4}$ CROSS LEFT, SIDE ROCK, 2 STEP WEAVE, RIGHT LOCK STEP

1&2 Rock left to left, recover right, close left

3&4& Grind right heel from left to right taking weight on right heel, $\frac{1}{4}$ right stepping left back, step right to right, cross left over right

5&6& Rock right to right, recover left, cross right behind left, step left to left and slightly forward

7&8& Step right forward, lock left behind right, step right forward, touch left toes behind right heel

BACK HITCH, BACK LOCK STEP, & ROCK RECOVER, $\frac{1}{4}$ HITCH, SAILOR TOGETHER BACK

1& Step left back, hitch right knee up

2&3 Step right back, lock left over right, step right back

&4&5 Close left, rock forward right, recover left starting to make $\frac{1}{4}$ right, hitch right knee to right side making the $\frac{1}{4}$ turn right (12:00)

6& Cross right behind left, step left to left side

7&8 Step right to right side, close left, step right back

ROCK BACK $\frac{1}{2}$, & BACK TRIPLE, COASTER STEP, SAILOR STEP TOUCH

1&2 Rock back left, recover right, make $\frac{1}{2}$ right stepping left back

&3&4 Close right, triple back left, right, left

5&6 Step right back, close left, step right forward

&7&8 Cross left behind right, step right to right side, step left to left side, touch right in place

REPEAT

RESTART

During wall 4 (starts facing 6:00 wall), dance 12 counts of the dance and restart the dance after the left side mambo (11&12) where you will now be facing the 12:00 wall. Restart the dance from count 1. Dance through 'til the end

On the first wall you may feel like you have gone out of phrasing after the first 8 counts but wall 2 comes back on fully phrased