

BE GENTLE WITH ME

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Count: 32 **Wall:** 4 **Level:** beginner

Choreographer: Tina Lincoln

Music: Gentle Warm And Kind by Merv & Maria

- 1-2** Right step to right side, step left foot beside right foot
- 3&4** Right step to right, step left foot beside right foot, right step to right
- 5-6** Left foot cross rock over right foot, rock back onto right foot
- 7&8** Step left foot to left, step right foot beside left, step left foot $\frac{1}{4}$ turn to left
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- 9-10** Right foot step forward, turn $\frac{1}{2}$ turn to left
- 11&12** Right foot step forward turning $\frac{1}{4}$ turn left, bring left foot beside right, step right foot forward turning $\frac{1}{4}$ turn left (right shuffle $\frac{1}{2}$ turn left)
- 13-14** Left foot rock back, rock forward onto right
- 15&16** Step left foot forward, step right foot beside left, step left foot back (left forward coaster step)
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- 17-18** Right foot rock back, rock forward onto left foot
- 19&20** Step right foot forward, step left foot beside right, step right foot back (right forward coaster step)
- 21-22** Step left foot back, turn $\frac{1}{2}$ left over left shoulder
- 23&24** Right foot step forward. Left foot step beside right, right foot step forward
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- 25-26** Left foot step forward, pivot $\frac{1}{2}$ turn to the right
- 27&28** Step left foot forward, step right beside left, step left foot forward
- 29&30** Right kick forward, step down onto ball of right foot, step on left foot (right kick ball change)
- 31&32** Right kick forward, step down onto ball of right foot, step on left foot (right kick ball change)

REPEAT

