

A Long Road

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Count: 32 **Wall:** 2 **Level:** Beginner

Choreographer: Shanthie De Mel , Melbourne, Australia. 12th July 2010

Music: "He Ain't Heavy" - Cher. CD: 'Gypsies, Tramps & Thieves'. 3:32 min. 80bpm.

Begin: Wt on R. 16 count Intro. Start on "long"

For split floors, see Intermediate Line Dance "He Ain't Heavy" & Advanced Line Dance "Journey Of Love", to the same music.

VINE LEFT, FWD SCUFF RIGHT, FWD RIGHT ROCKING CHAIR

1,2,3,4 Step L to left side, cross R behind L, step L to left side, scuff R fwd

5,6,7,8 Rock R fwd, return L, rock R back, return L (12:00)

VINE RIGHT, FWD SCUFF LEFT, FWD LEFT ROCKING CHAIR

1,2,3,4 Step R to right side, cross L behind R, step R to right side, scuff L fwd

5,6,7,8 Rock L fwd, return R, rock L back, return R (12:00)

CROSS, POINT, CROSS, POINT, LEFT JAZZ BOX

1,2,3,4 Cross L over R, point R to right side, cross R over L, point L to left side

5,6,7,8 Cross L over R, step R back, step L back, step R to right side

PADDLE RIGHT ON LEFT X3, HOLD

1, 2 Turning 1/8 right step L fwd, pivot right on R

3, 4 Turning 1/8 right step L fwd, pivot right on R (3:00)

5,6,7,8 Turning 1/4 right step L fwd, pivot right on R, hold on R for 2 counts. (6:00)

Note: After the chorus, continue dancing the walls, keeping the count, even though the phrasing does not fit. Tags/Restarts are thus avoided.

Ending: The dance ends facing 12:00 at count 16. The vocals slow down, but keep the beat,

& finish, with a big drag on L to left side. The song could be speeded up 10%.