

LOTTA HURT

LINEDANCE.COM

Count: 32

Wall: 4

Level: intermediate

Choreographer: Curtis "Hoss" Marting

Music: Whole Lotta Hurt by Brady Seals

DOUBLE KICK, SAILOR SHUFFLE, DOUBLE KICK, SAILOR SHUFFLE WITH ¼ TURN

- 1-2** Kick right foot forward; kick right foot to right side
- 3&4** Cross-step right behind left; step left in place; step right in place
- 5-6** Kick left foot forward; kick left foot to left side
- 7&8** Turning ¼ left, cross-step right behind left; step left beside right; step right beside left

SYNCOPATED HIP BUMPS

- 9&10** Stepping diagonally forward on ball of right, bump hips right bending knees slightly, roll hips toward left and back to right (make the letter "C")
- &11** Straightening knees, roll hips toward left and back to right
- &12** Bending knees slightly, roll hips toward left and back to right (make the letter "C")
- 13&14** Stepping diagonally forward on ball of left, bump hips right bending knees slightly, roll hips toward left and back to right (make the letter "C")
- &15** Straightening knees, roll hips toward left and back to right
- &16** Bending knees slightly, roll hips toward left and back to right (make the letter "C")

RIGHT HEEL, HOOK, HEEL, TOUCH, STOMP, "FIRE HYDRANT"

- 17-18** Touch right heel forward; hook right foot in front of left leg
- 19-20** Touch right heel forward; touch right toe beside left foot
- 21** Stomp right foot diagonally forward right
- 22-24** Placing left hand on inside of left thigh and hitching right leg do ½ turn right by bouncing left heel; step left foot forward on count 24

KICK-BALL-CHANGE, STOMP, CLAP (2X)

- 25&26** Kick right foot forward; step on right foot; step on left foot
- 27-28** Look down while stomping right foot forward; clap hands and look forward
- 29&30** Kick left foot forward; step on left foot; step on right foot

31-32 Look down while stomping left foot forward; clap hands and look forward

REPEAT

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=29037