

# BIT OF LIFE

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**Count:** 32

**Wall:** 2

**Level:** beginner/intermediate

**Choreographer:** Letha Blackford

**Music:** A Little Bit Of Life by Craig Morgan

## RIGHT MONTEREY TURN, ROCK STEP CROSS, POINT, STEP, POINT, TOUCH

- 1-2 Point right foot to right,  $\frac{1}{2}$  turn right backwards stepping right next to left
- 3&4 Rock left foot to left, quick step on right foot, step left foot across right
- 5-6 Point right foot to right, step right foot across left foot
- 7-8 Point left foot to left, touch left foot in front of right foot

## LEFT SWEEP, TOUCH, UNWIND $\frac{1}{2}$ TURN LEFT, RIGHT TOE STRUT, LEFT TOE STRUT

- 1-2 Sweep left foot back, touch left foot behind right foot
- 3-4 Unwind doing  $\frac{1}{2}$  turn left (keep weight on right), step left foot forward
- 5-6 Touch right toe forward, drop right heel
- 7-8 Touch left toe forward, drop left heel

## RIGHT SAILOR, LEFT SAILOR, RIGHT SIDE ROCK WITH $\frac{1}{4}$ TURN LEFT, LEFT COASTER STEP

- 1&2 Step right foot behind left foot, left to left, right next to left
- 3&4 Step left foot behind right foot, right to right, left next to right
- 5-6 Rock right foot to right, make  $\frac{1}{4}$  turn left (keep weight on right)
- 7&8 Step left foot back, step right foot next to left, step left foot forward

## RIGHT KICK BALL CHANGE, HIP BUMPS, STEP RIGHT, $\frac{1}{4}$ TURN LEFT

- 1&2 Kick right foot forward, step right foot next to left, step left foot next to right
- 3-6 Hip bumps (end with weight on left)
- 7-8 Step right foot forward, make  $\frac{1}{4}$  turn left changing weight to left foot

## REPEAT