

BREAK YOUR HEART

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Count: 64

Wall: 2

Level: Intermediate / Advanced

Choreographer: Shaz Walton – AUG 09

Music: 'Break Your Heart' By Taio Cruz

Count in - start on the word 'Baby'

Styling..... Purely Optional!

Walk back. Back. Sailor $\frac{1}{2}$. press. Back. Sailor $\frac{1}{4}$. Side.

- 1-2** Walk back right. Walk back left.
- 3&4** Cross right behind left making $\frac{1}{4}$ right. Step back left making $\frac{1}{4}$ right. Press right forward.
- 5** Step back on left.
- 6&7** Sailor $\frac{1}{4}$ Cross Right.
- 8** Step left to left side.

Cross. Rock. Recover/Hitch. Side. Cross rock. Side. Cross. $\frac{1}{4}$. Forward

- 1** Cross step right over left.
- 2&3** Rock out to left. Recover on right as you hitch left. Step left to left.
- 4&5** Cross rock right behind left. Recover on left. Step right to right.
- 6-7-8** Cross step left over right. Make $\frac{1}{4}$ right stepping right forward. Step left forward.

Forward. Grind. $\frac{1}{4}$. Grind $\frac{1}{4}$. Chug $\frac{1}{4}$ right x3

- 1** Step forward right.
- 2-3** Dig left heel beside right. Make $\frac{1}{4}$ left dropping left toes- taking weight
- 4-5** Dig right heel beside left. Make $\frac{1}{4}$ right dropping right toes- taking weight
- 6-7-8** Keeping right foot flat on floor make $\frac{1}{4}$ right – left foot stays flat & touches to side x 3.

(Drop weight to left on count 8)

Ball. Cross. $\frac{1}{4}$. Rock. Recover. Back. Shuffle $\frac{1}{2}$ turn (lean Back) side

- &1** Step right beside left. Cross left over right.
- 2-3-4** Make $\frac{1}{4}$ right stepping right forward. Rock forward left. Recover on right
- 5** Step back left.

6&7 (leaning back- circle upper body) step right to side ¼ right. Step left beside right making ¼ right. Step right forward.

8 Step left to left side. (Roll Hips left)

Side. Touch. Out. ¼. Fall. Step. ¼. Cross.

1-2 Step right to right side (Roll Hips Right) Touch left behind right.

3-4 Touch left to left side. Keeping left leg straight make ¼ left (weight on right)

5-6 Transfer weight to left as if falling forward. Step forward right.

7-8 Pivot ¼ left. Cross right over left.

Back. Together. Forward. Rock. Recover. ½. Triple full turn. Together. Dip.

&1 Step back left. Step right beside left. (Raise on to toes)

2-3-4 Step forward left. Rock forward right. Recover on left.

5 Make ½ right stepping right forward.

6&7 Full triple turn right stepping L-R-L (start to slide right up to left)

8 Slide right up to left bring feet together & Dip. (Weight Left) ** Restart Point

Out. Out. Bump. Bump. Bump. ¼ sit (raise). Recover. Back. ¼.

&1 Step right to right side. Step left to left.

2-3-4 (keeping Legs Straight) Bump hips L-R-L

5-6 (Circling hips anti clockwise) make ¼ turn left (weight back on right- raise left leg) recover on left.

7-8 Rock back right. Step left ¼ left.

Ball. Point. Drag/dip. Contract/Roll. Hip pushes x2. Ball. Forward. Press.

&1 Step right beside left. Touch left to left side (bending right knee)

2-3 Drag left up to right keeping knees bent. Roll/ contract upper body to resume standing position (weight right)

4-5-6 Step forward left. Push hips forward x2 (weight right)

&7-8 Step left beside right. Step forward right. Press forward on left (raise right behind if you wish)

****Restart During Second wall after count **48. You will be facing the back wall.**

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Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=78126