

All By Myself

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Count: 32 **Wall:** 4 **Level:** Beginner

Choreographer: Trine Haukø Lund (NO) – February 2018

Music: Lonely Alone by Darryl Worley

Intro: 32 counts

Section 1: Side, cross rock, shuffle 1/4 L, step 1/4 L, cross shuffle

- 1-2-3** Step RF to R, cross rock LF over RF, recover on RF
- 4&5** Step LF to L, step RF next to LF, turn 1/4 L(9:00), step LF forward
- 6-7** Step RF forward, turn 1/4 L(6:00), recover on LF
- 8&1** Cross RF in front of LF, step LF to L, cross RF in front of LF

Section 2: Hold, ball cross, rock, recover, weave 1/4 turn R

- 2** Hold
- &3** Step on ball of LF, cross RF in front of LF
- 4-5-6** Rock LF to L, recover on RF, cross LF in front of RF
- 7-8-1** Step RF to R, cross LF behind RF, turn 1/4 R(9:00), step RF forward

Restart after count 8 in wall 4

Section 3: Step 1/2 turn R, shuffle fwd, rock fwd, rock backw

- 2-3** Step LF forward, turn 1/2 R(3:00), recover on RF
- 4&5** Step LF forward, step RF behind LF, step LF forward
- 6-7** Rock RF forward, recover on LF
- 8-1** Rock RF backwards, recover on LF

Section 4: Step 1/4 turn L X 2, cross, step backw, touch

- 2-3** Step RF forward, turn 1/4 L(12:00), recover on LF
- 4-5** Step RF forward, turn 1/4 L(9:00), recover on LF
- 6-7-8** Cross RF in front of LF, step LF backwards, touch RF next to LF

Restart in wall 4 in section 2 after count 8, facing 9.