

HEARTBEAT

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Count: 32 **Wall:** 4 **Level:** Intermediate / Advanced

Choreographer: Becky Absher

Music: Heartbeat by Madonna (CD: Hard Candy)

DRAG, TOE POINTS, HIP ROLL, SIT, HOLD, TOUCH, STEP

- 1-2** Slowly drag top of right foot up left calf
- 3&4&** Touch right toe to front, right side, touch to left calf, right side
- 5-6** Roll hips to the left $\frac{1}{4}$ turn left into a sit, with weight on right (9:00)
- 7** Hold
- &8** Touch left toe forward, step left forward, rolling up out of the sit

STEP OUT, OUT, CROSS, UNWIND $\frac{1}{2}$ LEFT, HIP PUSHES $\frac{1}{4}$ TURN LEFT

- 1-2** Step right to side, step left to side
- 3** Cross right over left
- 4** Unwind $\frac{1}{2}$ turn left (weight on left) (3:00)
- 5-6-7-8** Push right hip up, touching right toe beside left foot to "push it around" for $\frac{1}{4}$ turn left (12:00)

STEP OUT, OUT, "C-BUMP" WITH SNAPS, STEP $\frac{1}{4}$ LEFT, STEP BACK $\frac{1}{2}$ LEFT, SHUFFLE FORWARD

- 1-2** Step right to side, step left to side
- 3&4** **"C-bump" lifting right hip up, then down with right fingers snapping up on top of the "C" and down on the bottom of the "C"**
- 5** Step left forward foot $\frac{1}{4}$ turn left (9:00)
- 6** Step right foot back for $\frac{1}{2}$ spiral turn left (3:00)
- 7&8** Left shuffle forward left-right-left

TOUCH, SWIVEL, SWEEP, BEHIND, SIDE, FORWARD, FUNKY WALKS

- 1&2** Touch ball of right foot forward, swivel both heels right, then back to center popping left shoulder up on swivel right, right shoulder up on return to center (styling optional)

&3&4 Turn ½ turn left, sweeping left foot around, behind right taking weight on left, step right on right foot, step left forward foot (9:00)

5-6-7-8 Walk forward "with attitude" from a crouch position, coming up slowly

REPEAT

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=75702