

Belfast Polka

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Count: 160 **Wall:** — **Level:** Phrased Intermediate

Choreographer: Don Pascual (Jan 2013)

Music: Belfast Polka - Pennsylvania Railroad (Celtic Thunder)

Start when the tin whistle starts to play

Sequence: A -Tag - B - C - C16 - B - C - C32 - Final

Part A (64)

Section 1: Step R to the R, behind, side, cross, side toe switches, sailor cross with L $\frac{1}{4}$ T, clap, clap

1: Step R to the R

2&3: Cross L behind R, step R to the R, cross L over R

4&5: point R toe to R side, R beside L, point L toe to L side

6&7: Cross L behind R, $\frac{1}{4}$ T to the L & step R to the R, cross L over R

&8: Clap, clap (above your right shoulder)

Section 2: Step R to the R, R cross mambo with L $\frac{1}{4}$ T , fwd R coaster step, full triple turn, stomps R&L

1: Step R to the R

2&3: Cross L over R, recover onto R, $\frac{1}{4}$ T to the L & step L forward

4&5: Step R forward, step L together, step R back

6&7: Turn $\frac{1}{2}$ T to the L & step L forward, step R beside L, $\frac{1}{2}$ T to the L & step L forward

&8: Stomp R beside L, stomp L beside R

Sections 3 and 4: Repeat sections 1 and 2

Section 5: Step R to the R, L cross shuffle, cross, point R to the R, step R beside L, hitch L, point R to the R, step R beside L, L brushes

1: Step R to the R

&2&3: Cross L over R, step R to the R, cross L over R ,step R to the R

&4: Cross L over R, point R toe to R side

&5: Step R beside L, hitch L,

&6: L beside R, point R toe to R side

&7&8: Step R beside L, brush L forward, brush L across R, brush L forward

Section 6: Step L to the L, R cross shuffle, cross, point L to the L, step L beside R, hitch R, point L to the L, step L beside R, R brushes

1: Step L to the L

&2&3: Cross R over L, step L to the L, cross R over L ,step L to the L

&4: Cross R over L, point L toe to L side

&5: Step L beside R, hitch R,

&6: R beside L, point L toe to L side

&7&8: Step L beside R, brush R forward, brush R across L, brush R forward

Section 7: R Step lock step lock step lock step, L&R side toe switches, ½ T to the R , L scuff hitch stomp

1: Step R forward

&2&3&4: (Lock L behind R, step R forward) x3

5&6: Point L toe to L side, step L beside R, point R toe to R side

&7&8: Make a ½ turn R on ball of L foot stepping R foot next to L, scuff, hitch stomp L beside R

Section 8: Repeat section 7

Repeat the 8 counts of section 7

Part B (32)

Section 1: R side shuffle, L hitch & ¼ T to the R , L side shuffle, R hitch & ¼ T to the R , R side shuffle, L hitch, L shuffle forward

1&2: Step R to R side, L next to R, R to R side

&3&4: Hitch L making a ¼ turn R, step L to L side, R next to L, L to L side

&5&6: Hitch R making a ¼ turn R, step R to R side, L next to R, R to R side

&7&8: Hitch L, step L forward, step R together, step L forward

Section 2: R hook combination, L hook combination, R &L heel switches, R stomp up x3

1&2&: Heel R forward, hook R across L shin, heel R forward, R next to L

3&4&: Heel L forward, hook L across R shin, heel L forward, L next to R

5&6&: Heel R forward, R next to L, heel L forward, L next to R

7&8: (Stomp up R next to L) x3

Sections 3 and 4: repeat sections 1 and 2

Sections 3 and 4: repeat the 16 counts of sections 1 and 2

Style: Hands at your belt during Part B

Part C (64):

Sections 1 to 4: identical to Part A, sections 5 to 8

Section 5: R sailor step, L hook, L shuffle fwd, R fwd mambo with ½ T to the R, full turn to the R, L stomp

1&2: Cross R behind L, step L to slightly to L side, step R slightly to R side

&3&4: Hook L across R shin (with a little hop), step L forward, step R together, step L forward

5&6: Rock R forward, recover onto L, step R forward making a ½ turn R

7&8: Step L back making a ½ turn R, step R forward making a ½ turn R, stomp L next to R

Section 6: repeat section 5

Section 6: repeat the 8 counts of section 5

Section 7: R rocking chair, R rolling vine, clap x2

1-2: Rock R forward, recover onto L

3-4: Rock R back, recover onto L

5-7: $\frac{1}{4}$ turn R & Step R forward, $\frac{1}{2}$ turn R & step L back, $\frac{1}{4}$ turn R & step R to R side

&8: clap, clap (above your right shoulder)

Section 8: L rocking chair, L rolling vine, clap x2

1-2: Rock L forward, recover onto R

3-4: Rock L back, recover onto R

5-7: $\frac{1}{4}$ turn L & Step L forward, $\frac{1}{2}$ turn L & step R back, $\frac{1}{4}$ turn L & step L to L side

&8: clap, clap (above your left shoulder)

Style: Section 7 and 8: you can jump while making your rocking chairs

Tag (8 counts):

(R stomp to the R, L scuff beside R, L stomp to the L, R scuff beside L) x2

1-2: R stomp to R side, L scuff beside R

3-4: L Stomp to L side, R scuff beside L

5-6: R stomp to R side, L scuff beside R

7-8: L Stomp to L side, R scuff beside L

Style: Hands at your belt during the tag

Final (16 counts):

R side big step, slide L beside R, stomp L&R, L side big step, slide R beside L, stomp R&L, R fwd rock step, stomp R beside L, clap, clap, L fwd rock step, stomp L beside R, clap, clap

1: Big step R to R side,

2-3: Slide L beside R

&4: Stomp L beside R, stomp R beside L

5: Big step L to L side,

6-7: Slide R beside L

&8: Stomp R beside L, stomp L beside R

1-3: Rock R forward, recover onto L, stomp R beside L

&4: Clap, clap (above your right shoulder)

5-7: Rock L forward, recover onto R, stomp L beside R

&8: Clap, clap (above your left shoulder)

Have fun with that dance!!!

Contact: countryscal@orange.fr