

Lang Zai Gao Shan Da Yi Wang

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Count: 128

Wall: 2

Level: Phrased Intermediate

Choreographer: China Line Dance Sport Promotion Centre (CLDSPC), Nov. 2014

Music: Lang Zai Gao shan Da Yi Wang by Yong Duan

Sequence: ABTC/ABTC/AB/A*(37-48) B/A*(37-48)

Intro: 16 counts

PART A 48 counts

A[1-8]side together side together side hitch side hitch side hitch beside

1 2 3 4step left to left side step right together step left to left side step right together
bending slightly knees

5&6step left to left side hitch right step right to right side hitch left

7&8step left to left side hitch right touch right beside left

A[2-8] the mirror set of [1-8]

A[3-8]side and hitch(x6) Forward forward forward lunge

1&2step right to right side and hitch left step left to side and hitch right step right to
right side and hitch left

3&4step left to left side and hitch right step right to right side and hitch left step left to
left side and hitch right

5step right forward (face to 10:30)

6step left forward (face to 1:30)

7step right forward (face to 10:30)

8recover to left bend left knee, touch right heel and straighten right leg, upper body
slightly lean forward 12:00

A[4-8] back and hitch (x 2) triple in place and hitch turn 1/2 forward lunge

1step right back and hitch left sway upper body left twist waist

2step left back and hitch right□ sway upper body right□ twist waist

3&4step right in place and hitch left□ step left in place and hitch right□ step right in place and hitch left

5 6 7turn 1/2 left step left forward□ foot toward 6□ 00□ face to 7:30□□ step right forward (foot toward 6□ 00□ face to 4:30)□ step left forward□ foot toward 6□ 00□ face to 7:30□□

8recover to right□ bend right knee , touch left heel and straighten left knee , upper body slightly forward□ 6:00□

A[5-8] back and hitch□ x 5□□ lunge□ lunge□ step□ flick

1step left back and hitch right□ sway upper body right□ twist waist□

2step right back and hitch left□ sway upper body left□ twist waist

3&4step left back and hitch right□ step right back and hitch left□ step left back and hitch right

5&step right to right side bending right knee□ touch left to left keeping left leg straight□

6&step left in place□ touch right to right side□ sway arms toward left and down

7 8step right in place and flick left back□ hold□ hands open up

A[6-8]lunge□ lunge□ step□ flick□ forward□ pivot 1/2□ run□ x 3□

1-4the mirror set of [5-8]5-8 counts

5 6step right forward□ pivot 1/2 left□ 12□ 00□

7&8run right forward□ step left forward□ run right forward

PART B□ (32 counts)

B[1-8] forward diagonal□ forward□ forward□ forward□ 1/8 turn back□ back□ back□ back□

1step left forward diagonal left swaying left ,hand and shoulder forward diagonal left□ palm down on both sides of the body (10:30□

2step right forward diagonal left swaying right, hand and shoulder forward diagonal left

10:30

3step left forward swaying left hand and shoulder forward diagonal left 10:30

4step right forward swaying right hand and shoulder forward diagonal left

5 6 7 8turn 1/8 left stepping left back step right back step left back step right together

9:00

B[2-8] 1/4 turn forward forward forward forward 1/4 turn back back back back

1turn 1/4 left step left forward swaying left, hand and shoulder forward

2step right forward swaying right ,hand and shoulder forward

3step left forward swaying left, hand and shoulder forward

4step right forward swaying right hand and shoulder forward 6:00

5-8turn 1/4 left step left back step right back step left back step right together 3:00

B[3-8]turn 1/4 lunge hold turn 1/2 lunge hold kick ball x 4

1 2turn 1/4 right point right to side (bend left knee angling body to 6:00), continue to bend left knee straightening right knee 6 00

3 4turn 1/2 left point left to side (bend right knee angling body to 12:00), continue to bend right knee straightening left knee 12 00

5 6kick left ball forward and drop kick right ball forward and drop sway arms up and down

7 8repeat5,6

B[4-8]lunge hold turn 1/2 left lunge hold chair step forward in place together

1 2point right to side (bend left knee angling body to 12:00), continue to bend left knee straightening right knee 12 00

3 4 turn 1/2 left point left to side (bend right knee angling body to 6:00), continue to bend right knee straightening left knee □ 6 □ 00

5&6 step left forward □ step right in place □ step left back □ step right in place

7&8 step left forward □ step right in place □ step left together

PART C (48 counts)

C[1-8] touch side □ recover □ paddle 1/4 turn (X2) □ run(X5)

1 2 touch left to side □ rock recover to left bending knees □ 6:00

3 4 pivot 1/4 left touch right to right side, pivot 1/4 left touch right to right side, □ 12 □ 00

5& run right forward diagonal right □ run left forward □ 1 □ 30

6&7 repeat 5 & twice

8 run right forward □ 1 □ 30

C[2-8] touch heel forward □ touch back(X2) □ forward □ together □ behind □ unwind 3/4

1 touch left heel forward □ The upper body turn 1/8 left lean back □ foot toward 1 □ 30 face to 12:00

2 touch left toe back □ The upper body turn 1/8 right □ foot toward 7 □ 30 face to 3:00

3 4 repeat 1 □ 2

5 6 7 step left forward □ step left together □ cross left behind right

8 unwind 3/4 left □ bend knees □ 6 □ 00

C[3-8] touch side □ recover □ paddle 1/4 turn (X2) □ run(X5)

1 2 touch right to side □ rock recover to right bending knees

3 4 pivot 1/4 right, touch left to left side, pivot 1/4 right □ touch left to left side, □ 12 □ 00

5& run left forward diagonal left □ run right forward □ 10 □ 30

6&7 repeat 5 & twice

8run left forward 10 30

C[4-8] touch heel forward and touch back(X2) forward together behind 3/4 unwind

1touch right heel forward diagonal left The upper body turn 1/8 right lean back foot toward 10 30 face to 12:00

2touch right toe back The upper body turn 1/8 left foot toward 4 30 face to 9:00

3 4repeat 1,2

5 6 7step right forward step right together step right behind left(9:00)

8unwind 3/4 right bend knees 6 00

C[5-8] 1/8 turn cross lock behind and forward(X3) forward lock behind and forward(X3)

1turn 1/8 left step left cross right bend knees right shoulder to 4 30

&2lock right behind left step left forward 4 30

&3&4repeat &2 twice 4 30

5 The upper body turn 1/2 right step right forward bend knees left shoulder to 4 30

&6lock left behind right step right forward 4 30

&7&8repeat &6 twice 4 30

C[6-8] 1/8 turn cross lock behind and forward(X3) forward lock behind and forward(X3)

1turn 1/4 right step left cross right bend knees right shoulder to 7 30

&2lock right behind left step left forward 7 30

&3&4repeat &2 twice 7 30

5 The upper body turn 1/2 right step right forward bend knees left shoulder toward 7 30

&6lock left behind right step right forward 7 30

&7&8repeat &6 twice 7 30

TAG : 4 counts)

After Wall 1 and Wall 2 of part B Add the following tag(6 00)

Rocking Chair step :

1&2& Step left Forward, Rock Back Onto right, Step left Back, Rock Forward Onto right. Face to 6
00

3&4 Step left Forward, Rock Back Onto right, Step left Together.

Note After Wall 3and Wall 4 of part B you will dance 37-48 counts of part A

Please refer to the video for details of arms movement.

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