

# Like the Wind

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**Count:** 116

**Wall:** 2

**Level:** Phrased Advanced Polka

**Choreographer:** Tiziana Nastasi - June 2013

**Music:** The Wind by Zac Brown Band (136 bpm)

**Sequence: A, A(30 count), Tag 1, A, A(30 count), Tag 2, B, A(44 count), Restart, A, Ending**

**Intro: Start dancing on lyrics**

## **PART A - 56 COUNT**

### **A1: SIDE ROCK LEFT, WEAVE**

**1-2** Step left side, step right together

**3&4** Cross left behind the right, step right to right, cross left over the right

### **A2: SHUFFLES TURNS (RUN THE SHUFFLES FOLLOWING THE LINE OF A SEMI-CIRCLE)**

**5&6 1/8 turn R and Chassé fw right-left-right (towards 1:30)**

**7&8 turn R towards 4:30 and Chassé back left-right-left**

**1&2 turn R towards 10:30 and Chassé fw right-left-right**

**3&4 turn R towards 3:00 and Chassé back left-right-left**

### **A3: STEP RIGHT BACK, STEP LEFT TOGETHER, RIGHT KICK BALL CHANGE**

**5-6** Step right back, step left together

**7&8** Kick right forward, step right together, step left (slightly fw)

### **A4: SLIDE RIGHT, SAILOR STEP LEFT, TURN 3/4 RIGHT, LEFT KICK BALL CHANGE**

**1-2** Big step right side, drag left to right

**3&4** Cross left behind, step right side, step left side

**5&6** Lock right behind, unwind 3/4 right (weight to right)

**7&8** Kick left forward, step left together, step right (slightly fw)

### **A5: STEP & TOUCH TOE, SHUFFLE 1/2 TURN, FULL TURN, 1/2 TURN, RONDE'**

**1-2** Step left forward, touch right toe behind left

### **3&4½ turn shuffle right-left-right (h. 6:00)**

5-6 Make a 1/2 turn R and step back on left, make a 1/2 turn R and step forward on right

7-8 Make a 1/2 turn R and step back on left, move your right leg to the right circularly

### **A6: SAILOR STEP RIGHT & LEFT, HEEL SWITCHES, TOE TOUCH BACK TWICE**

1&2 Cross right behind, step left side, step right side

3&4 Cross left behind, step right side, step left side

5&6& Touch right heel forward, step right together, touch left heel forward, step left together

7-8 Cross/touch toe behind left, cross/touch toe behind left

### **A7: SIDE ROCK STEP, WEAWE, REPEAT WITH THE LEFT**

1-2 Step right side, step left together

3&4 Cross right behind the left, step left side, cross right over the left

5-6 Step left side, step right together

7&8 Cross left behind the right, step right side, cross left over the right

### **A8: ROCK STEP FORWARD, COASTER STEP, TURN 1/2 LEFT, STOMP, HOLD**

1-2 Rock right forward, recover to left

3&4 Step right back, step left together, step right forward

5-6 Step left forward, 1/2 turn

7-8 Stomp left, hold

## **PART B - 60 COUNT**

### **B1: SYNCOPATED STEPS SIDE/CLOSE X2, APPLEJACKS**

&1 Step left side, step right side

&2 Step left on the center, step right together

&3 Step left side, step right side

&4 Step left on the center, step right together

5&6&7&8& Applejacks

### **B2: RIGHT KICK BALL CHANGE, PIVOT X2, CROSS, HEEL JACK**

1&2 Kick right forward, step right together, step on left

3-4 Step right forward, turn 1/2 left (weight to left)

5-6 Step right forward, turn 1/2 left (weight to left)

7&8 Cross right over left, step left slightly back, touch right heel forward

### **B3: CHASSE SIDE, TURN 1/2 R CHASSE SIDE, TURN 1/2 R CHASSE SIDE RIGHT, ROCK STEP**

1&2 Chassé right-left-right

**3&4½ Turn right and chassé left-right-left**

**5&6½ Turn right and chassé right-left-right**

7-8 Rock left forward, recover to right

### **B4: STEP SIDE, SYNCOPATED WEAVE , PIVOT**

1-2& Step left side, cross right behind, step left side,

3&4& Cross right over, step left side, cross right behind, step left side,

5&6& Cross right over, step left side, cross right behind, recover weight to left

7-8 Step right forward, turn left 1/2

### **B5: GALLOP STEP (SHUFFLE FORWARD X4, SHUFFLE SIDE X4, TURN 1/2, SHUFFLE FORWARD X4 , SHUFFLE SIDE X4)**

1&2&3&4& Step right forward, step left together, repeat four times

5&6&7&8& Step left side, step right together, repeat four times,

**1&2&3&4&½ turn R and Step right forward, step left together, repeat four times**

5&6&7&8 Step left side, step right together, repeat four times

### **B6: KICK BALL HEEL, TOE TOUCH BACK TWICE, TURN 1/2, HEEL AND TOE SYNCOPATION**

1&2 Kick right forward, step right together, touch left heel diagonally forward

&3-4 Step left together, cross/touch toe behind left, cross/touch toe behind left

&5 Turn 1/2 right and step right together, touch toe left behind

&6 Step left together, touch hell right

&7 Step right together, touch heel left

&8 Step left together, touch toe right behind

### **B7: WALK TURN RIGHT**

**1-2** Turn 1/4 right and step right forward, turn 1/4 right and step left side

**3-4** Turn 1/4 and step right side, touch left together (12:00)

### **TAG 1 - 16 COUNT**

**STOMP LEFT, HOLD, STOMP RIGHT, HOLD, SIDE AND CROSS LEFT, SIDE AND CROSS RIGHT (TWICE)**

**1-2** Stomp left over right, hold

**3-4** Stomp right over left, hold

**5&6** Step left side, step right together, cross left over right

**7&8** Step right side, step left together, cross right over left

**[1-8] Repeat**

### **TAG 2 - 4 COUNT**

**STOMP LEFT, HOLD, STOMP RIGHT, HOLD**

**1-2** Stomp left over right, hold

**3-4** Stomp right over left, hold

**5-6** Step left forward, step right forward ( instead of stomp, hold)

**7-8 1/2 turn left, stomp right forward**

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