

Justmad (□□□□)

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Count: 32 **Wall:** 4 **Level:** Intermediate

Choreographer: Nancy A Morgan (Mar 08)

Music: 4 Minutes by Madonna featuring Justin Timberlake (CD: Single [125bpm])

□□□ **16 counts after he says "Break Down"**

□□□

RIGHT KNEE

ROLL, LEFT KNEE ROLL, HEEL & HEEL & STOMP, CLAP

□□□□ , □□□□ , □□ & □□ & □□ , □□

1,2

Roll Right knee in toward left and out (clockwise) so that your weight

ends on your Right

□□□□□□□□ , □□□□□□

3,4

Roll Left knee in toward Right and out (Counter-clockwise) so that your

weight ends on your Left

□□□□□□□□ , □□□□□□

5&6

Tap Right heel forward, step Right next to Left, tap Left heel

forward

□□□□ , □□□□ , □□□□

&7,8

Step Left next to Right, stomp Right slightly forward, clap

□□□□ , □□□□□ , □□

□□□

SHUFFLE
DIAGONALLY RIGHT, SKATE, SKATE, BACK, BACK, COASTER STEP

□□□□□□ , □□□ , □□□ , □ , □ , □ , □□□

1&2

Shuffle Diagonally to Right - Right, Left, Right

□□□□□□ - □ , □ , □

3

Drag Left in a semi circle going counter-clockwise toward Right foot and forward so that you step forward on Left

□□□□□□□□□□□□□□□□

4

Drag Right in a semi circle going clockwise toward Left foot and forward so that you step forward on Right

□□□□□□□□□□□□□□□□

5

Drag Left in a semi circle going counter-clockwise toward Right foot and back so that you step forward on Left

□□□□□□□□□□□□□□□□

6

Drag Right in a semi circle going clockwise toward Left foot and back so

that you step forward on Right



7&8

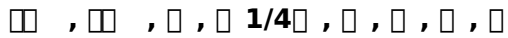
Left Coaster Step - Step back on Left, back on Right, forward on

Left



WALK, WALK,

STEP, 1/4 TURN TOUCH, STEP, TOUCH, STEP, TOUCH



1,2

Walk forward Right, Left (,)

3,4

Step forward on Right, pivoting 1/4 turn to Left, touch Left toe out to



5,6

Swing your hips around the back and from Right to Left so that your

weight shifts to the Left foot and touch your Right toe to the Right

side



7,8

Swing your hips around the back and from Left to Right so that your

weight shifts to the Right foot and touch your Left toe to the Left

side

□□□□□□□□□□ , □□□□

□□

**STEP, CROSS, BACK, FORWARD, CROSS,
BACK, SIDE, KNEE POP, CLAP**

□ , □□ , □ , □ , □□ , □ , □ , □□□□ , □□

1,2

Step on your Left,

Cross Right over Left

□□□ , □□□□□□□□

3,4

Step back on Left,

step forward on Right

□□□□ , □□□□

5,6

Cross Left over Right,

step back on Right

□□□□□□□□ , □□□□

7&8

Step Left to Left

side, Lift both heels off of floor as you bend knees (similar to knee pops)

& Clap at same time

