

# BETTY LOU'S BOOGIE

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**Count:** 48

**Wall:** 4

**Level:** Beginner/Intermediate level

**Choreographer:** Anita McNab

**Music:** Betty Lou's Getting Out Tonight by Bob Seger

**Or Music: Givin' It Up ? Delbert McClinton**

## RIGHT HEEL FORWARD, HOME, LEFT HEEL FORWARD, HOME, 2 HEEL SPLITS

**1-4** Tap Right heel forward, Step home, Tap Left heel forward, Step home (Feet together)

**5-8** Both heels out to the sides, Home, Both heels out to the side, Home

## RIGHT HEEL FORWARD, HOME, LEFT HEEL FORWARD, HOME, 2 HEEL SPLITS

**1-4** Tap Right heel forward, Step home, Tap Left heel forward, Step home (Feet together)

**5-8** Both heels out to the sides, Home, Both heels out to the side, Home

## GRAPEVINE RIGHT, TWIST LEFT, RIGHT, LEFT, RIGHT

**1-4** Step side Right, Left behind, Side Right, Touch Left toe forward on angle

**5-8** Do the Twist: Heels going left, right, left, right (Weight on Right)

**(Option: After completing count 4, turn your left heel R, L, R, L - like putting out a cigarette)**

## GRAPEVINE LEFT, TWIST RIGHT, LEFT, RIGHT, LEFT

**1-4** Step side Left, Right behind Left, Side Left, Touch Right toe forward on angle

**5-8** Do the Twist: Heels going right, left, right, left (Weight on left)

**(Option: After completing count 4, turn your right heel L, R, L, R - like putting out a cigarette)**

## ANGLE FORWARD RIGHT, TOUCH LEFT, FORWARD LEFT, TOUCH RIGHT, FORWARD RIGHT, TOUCH LEFT, FORWARD LEFT, TOUCH RIGHT

**1-4** Forward Right on angle, Touch Left beside, Forward Left on angle, Touch Right beside

**5-8** Forward Right on angle, Touch Left beside, Forward Left on angle, Touch Right beside (When doing these steps, your knees will point inward on the touches)

## WALK BACK RIGHT, LEFT, RIGHT, TOUCH LEFT

**1-4** Walk back starting on Right, Left, Right, Touch Left beside Right

**GRAPEVINE LEFT (OR ROLLING VINE) WITH  $\frac{1}{4}$  TURN LEFT, TOUCH RIGHT BESIDE LEFT**

**1-4 Step side Left, Right behind Left, Step  $\frac{1}{4}$  turn left with Left, Touch Right beside Left BEGIN AGAIN**

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=68359](https://www.linedance.com/index.php?f=dance_view&id=68359)