

FROM ZERO TO HERO

LINEDANCE.COM

Count: 64

Wall: 4

Level: intermediate

Choreographer: Val Hurt

Music: From Zero To Hero by Sarah Connor

KICK OUT OUT KNEE TURN COASTER STEP STEP ¼ PIVOT

- 1&2** Kick right foot forward, step right to right side, step left to left side
- 3-4** Pop right knee in facing left, turn right knee out making ¼ turn right
- 5&6** Step back on right, close left to right, step right slightly forward
- 7-8** Step forward on left, make ¼ turn right stepping right to right side

CROSS SHUFFLE, ¼ TURN TWICE CROSS OUT OUT, SHUFFLE FORWARD

- 1&2** Cross left over right, step right to right side, cross left over right
- 3-4** Make ¼ turn left stepping back on right, make ¼ turn left stepping left to left side
- 5&6** Cross right over left, step left to left side, step right to right side
- 7&8** Step forward on left, close right to left, step forward on left

KICK AND POINT TWICE STEP ½ PIVOT, SHUFFLE HALF TURN

- 1&2** Kick right foot forward, step down on right, point left toe to left side
- 3&4** Kick left foot forward, step down on left, point right toe to right side
- 5-6** Step forward on right, pivot half turn left
- 7&8** Make ¼ turn left stepping right to right side, close left to right, make ¼ turn left stepping right to right side

BACK BACK COASTER CROSS, KICK BALL CROSS, SIDE ROCK

- 1-2** Slide left foot back, slide right foot back
- 3&4** Step back on left, close right to left, step left forward
- 5&6** Kick right foot forward, step down on right, cross left over right
- 7-8** Rock right foot out to right side, recover to left

BEHIND AND CROSS, SIDE ROCK, SAILOR BACK TWICE

- 1&2** Cross right behind left, step left to left side, cross right over left
- 3-4** Rock left out to left side, recover to right

5&6 Traveling back, step left behind right, step right to right side, step left to left side

7&8 Traveling back, step right behind left, step left to left side, step right to right side

CROSS BEHIND UNWIND $\frac{3}{4}$ TURN, ROCK AND STEP SIDE, CROSS SIDE SAILOR

1-2 Cross left behind right, unwind $\frac{3}{4}$ turn left

3&4 Cross rock right over left, recover to left, step right to right side

5-6 Cross step left over right, step right to right side

7&8 Step left behind right, step right to right side, step left to left side

CROSS, KICK BALL CROSS TWICE, SIDE ROCK, BEHIND $\frac{1}{4}$ TURN

1-2& Cross step right over left, kick left foot forward, step down on ball of left foot

3-4& Cross step right over left, kick left foot forward, step down on ball of left foot

5-6 Cross step right over left, rock left out to left side

7-8& Recover to right, step left behind right, make $\frac{1}{4}$ turn right stepping forward on right

STEP FORWARD, SKATE RIGHT & LEFT, CHASSE, BACK ROCK RECOVER, STEP LEFT

1-2 Step forward on left, make skating motion stepping forward on right

3-4& Make skating motion stepping forward on left, step right to right side, close left to right

5-6 Step right to right side, rock left behind right

7-8 Recover to right, step left to left side

REPEAT

TAG

16 count tag to be danced at the end of 2nd wall

KICK BALL CROSS TWICE, SIDE ROCK BEHIND & CROSS

1&2 Kick right foot forward, step down on ball of right foot, cross step left over right

3&4 Kick right foot forward, step down on ball of right foot, cross step left over right

5-6 Rock right foot out to right side, recover to left

7&8 Step right behind left, step left foot to left side, cross step right over left

KICK BALL CROSS TWICE, SIDE ROCK BEHIND TURN STEP

1&2 Kick left foot forward, step down on ball of left foot, cross step right over left

- 3&4** Kick left foot forward, step down on ball of left foot, cross step right over left
- 5-6** Rock left foot out to left side, recover to right
- 7&8** Cross left behind right, make $\frac{1}{4}$ turn right stepping right forward, step forward on left

ENDING

Dance first 4 counts of the dance cross left over right & unwind $\frac{1}{2}$ turn right to bring you to home wall