

# Still Holding On Cba25

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**Count:** 32

**Wall:** 2

**Level:** High Intermediate - NC

**Choreographer:** Niels Poulsen (DK) - February 2025

**Intro: 8 counts from beginning of track. App. 7 secs. into track. Start with weight on L foot**

**\*1 restart: On 3rd wall, after 24 counts, facing 12:00**

**\*1 tag: After wall 5, facing 12:00. Tag description at bottom of step sheet**

**[1 - 9] R basic nc, side L  $\frac{1}{2}$  R sweep, side cross, R side rock, weave sweep, behind side fwd**

**1 - 2& Step R a big step to R side (1), close L behind R (2), cross R over L (&) 12:00**

**3 - 4& Step L to L side but turning  $\frac{1}{2}$  R sweeping R fwd (3), step R to R side (4), cross L over R (&)**

**... Count 3 styling: lift R leg slightly off the floor to accent the note in the music 6:00**

**5& Rock R to R side (5), recover on L (&) 6:00**

**6&7 Cross R over L (6), step L to L side (&), cross R behind L sweeping L to L side (7) 6:00**

**8&1 Cross L behind R (8), step R to R side (&), step L fwd (1) 6:00**

**[10 - 17] Step  $\frac{1}{4}$  cross, reverse rolling vine into L basic nc, point R to R side, run around  $\frac{1}{2}$  R**

**2&3 Step R fwd (1), turn  $\frac{1}{4}$  L onto L (&), cross R over L (3) 3:00**

**4& Turn  $\frac{1}{4}$  R stepping back on L (4), turn  $\frac{1}{2}$  R stepping fwd on R (&) ...**

**\* Ending of dance comes after this step. See Ending at bottom of step sheet 12:00**

**5 - 6& Turn  $\frac{1}{4}$  R stepping L a big step to L side (5), close R behind L (6), cross L over R (&) 3:00**

**7 Point R to R side prepping body slightly L (7)**

**8&1 Turn  $\frac{1}{4}$  R stepping down on R (8), turn  $\frac{1}{8}$  R stepping L fwd (&), turn  $\frac{1}{8}$  R stepping R fwd and sweeping L fwd at the same time (1) 9:00**

**[18 - 24] Cross side, L back rock side, R back rock, recover sweep, R mambo  $\frac{1}{4}$  R, cross 2& Cross L over R (2), step R to R side (&) 9:00**

**3 - 4& Rock back on L (3), recover on R (4), step L to L side (&) 9:00**

**5 - 6 Rock back on R (5), recover on L sweeping R fwd (6) 9:00**

**7&8& Rock R fwd (7), recover back on L (&), turn  $\frac{1}{4}$  R stepping R to R side (8), cross L over R (&)**

**... \* Restart here on wall 3, facing 12:00 12:00**

**[25 - 32] Side R with  $\frac{3}{4}$  L, run fwd LRL with R hitch, run back RLR, L back rock, step  $\frac{1}{4}$  cross**

**1 Step R to R side turning  $\frac{3}{4}$  L on R sweeping L foot around (1) 3:00**

**2&3 Step L fwd (2), step R fwd (&), rock L fwd hitching R knee (3) 3:00**

**4&5 Recover back on R (4), step back on L (&), step back on R (5) 3:00**

**6& Rock back on L (6), recover fwd onto R (&) 3:00**

**7 - 8& Step L fwd (7), turn  $\frac{1}{4}$  R onto R (8), cross L over R (&) ... Styling for count 7: go up on L toes 6:00**

**Start again**

**Tag: After wall 5 there's an 8 count tag, facing 12:00. Counts 1-4 have a rolling 8 timing after which counts 5-8 go back into a 4/4-timing. Note that the first 4 counts are very fast! Tip: stay on the balls of your feet and be careful not taking too much weight back in your back rocks 12:00**

**[1 - 8] Side back rock R&L, R rock & cross,  $\frac{1}{4}$  R X 2, cross, sway RL,  $\frac{1}{4}$  R, step  $\frac{1}{4}$  cross**

**1&a Step R to R side (1), quickly rock back on L (&), recover on R (a) 12:00**

**2&a Step L to L side (2), quickly rock back on R (&), recover on L (a) 12:00**

**3&a Rock R to R side (3), recover on L (&), cross R over L (a) 12:00**

**4&a Turn  $\frac{1}{4}$  R stepping back on L (4), turn  $\frac{1}{4}$  R stepping R to R side (&), cross L over R (a) 6:00**

**5 - 6 - 7 Step R to R side swaying body R (5), sway body L (6), turn  $\frac{1}{4}$  R stepping onto R (7) 9:00**

**&8& Step L fwd (&), turn  $\frac{1}{4}$  R stepping onto R (8), cross L over R (&) 12:00**

### **Ending**

**Happens on wall 8: Do the first 11 counts of the dance. When doing the reverse rolling vine don't do the last  $\frac{1}{4}$  R. Stay facing 12:00 stepping L fwd and bring both hands fwd making a love sign with your hands to match the lyrics 'LOVE' 12:00**