

Count: — **Wall:** 4 **Level:** intermediate/advanced

Choreographer: Paul Farrugia

Music: It's My Life by No Doubt

Sequence: AA B(1st tag) AA B(2nd tag) A A(First 8 counts) BB

PART A

RIGHT SIDE SHUFFLE CROSS IN FRONT ROCK, LEFT SIDE SHUFFLE CROSS BEHIND ROCK

- 1&2** Step right to right side, left beside right, step right to right side
- 3 4** Cross rock left over right, recover onto right
- 5&6** Step left to left side, right beside left, step left to left side
- 7 8** Cross rock right behind left, recover on the left

STEP RIGHT HALF TURN, KICK AND POINT AND POINT, KNEE POP OUT, IN, OUT IN OUT ¼ RIGHT TURN

- 9 10** Step forward right, pivot left ½ turn
- 11&12** Kick forward right, step right next to left, point left to left side
- &13 14** Step left next to right, point right to right side, pop right knee in
- 15&16** Pop right knee out, in, out doing a ¼ right turn

FORWARD RIGHT SHUFFLE, ROCK RECOVER, BACK SHUFFLE, POINT BACK UNWIND HALF TURN RIGHT

- 17&18** Step forward right, bring left up to right, step forward right
- 19 20** Rock forward left, recover back on right
- 21&22** Step back on left, bring right back to left, step back on the left
- 23 24** Point right foot back (put weight onto the ball of the foot), unwind ½ turn right

FORWARD ROCK, RECOVER, RIGHT WEAVE, ROCK OUT RECOVER, LEFT WEAVE, SIDE STEP TOUCH

- 25 26** Rock forward left, recover back on right
- 27&28** Cross left behind right, step right to right, cross left in front of right
- 29 30** Rock out onto the right, recover back onto left

31&32 Cross right behind left, step left to left side, cross right in front of left

3334 Step left to left side, touch right next to left

PART B

2 X MONTEREY

12 Point right to right, pivot $\frac{1}{2}$ turn right on left foot stepping right next to left

34 Point left to left side, step left next to right

56 Point right to right, pivot $\frac{1}{2}$ turn right on left foot stepping right next to left

78 Point left to left side, step left next to right

KICK RIGHT AND STEP, STEP FORWARD RIGHT, LEFT $\frac{1}{4}$ TURN, CROSS SHUFFLE, STEP HALF TURN STEP

9&10 Kick forward right, step right next to left, step slightly forward left

1112 Step forward right, $\frac{1}{4}$ left turn

13&14 Cross right over left, step left to left, cross right over left

1516 Step left to left side, $\frac{1}{2}$ pivot turn right stepping onto right

CROSS ROCK LEFT, RECOVER, LEFT SIDE SHUFFLE, CROSS BEHIND, UNWIND $\frac{1}{2}$ TURN, RIGHT SIDE SHUFFLE

1718 Cross left in front of right, recover onto right

19&20 Step left to left side, step right next to left, step left to left side

2122 Cross right behind left, unwind full right turn

23&24 Step right to right side, left beside right, step right to right side

LEFT SAILOR STEP, RIGHT SAILOR STEP, FORWARD LEFT SHUFFLE, SWEEP $\frac{1}{2}$ TURN LEFT, TOUCH

25&26 Cross left behind right, step right next to left, step left to left side

27&28 Cross right behind left, step left next to right, step right slightly forward

29&30 Step forward left, step right next to left, step forward left

3132 Sweep right foot $\frac{1}{2}$ turn left, touch right next to left

FORWARD RIGHT SHUFFLE, ROCK FORWARD LEFT, RECOVER, HITCH $\frac{1}{2}$ TURN, HITCH $\frac{1}{2}$ TURN

33&34 Step forward right, step left next to right, step forward right

3536 Rock forward left, recover back onto right

3738 Hitch left knee $\frac{1}{2}$ turning left, step onto left

3940 Hitch right knee $\frac{1}{2}$ turning left, step back onto right

HOOK LEFT FOOT, STEP, FORWARD RIGHT SHUFFLE, FORWARD LEFT SHUFFLE, HITCH RIGHT, $\frac{1}{4}$ RIGHT TURN

4142 Hook left foot across front of right knee, step left slightly in front of right

43&44 Step forward right, step left next to right, step forward right

45&46 Step forward left, step right next to left, step forward left

4748 Hitch right knee, $\frac{1}{4}$ right turn (with knee hitched)

RIGHT SIDE SHUFFLE, ROCK LEFT AND TOGETHER, ROCK RIGHT AND TOGETHER, FORWARD ROCK, RECOVER

49&50 Step right to right side, left beside right, step right to right side

51&52 Rock left to left side, recover onto right, step left next to right

52&54 Rock right to right side, recover onto left, step right next to left

5556 Rock forward onto left, recover back onto right

TRIPLE LEFT FULL TURN, ROCK, RECOVER $\frac{1}{4}$ TURN, RIGHT SIDE SHUFFLE, CROSS ROCK AND RECOVER

57&58 $\frac{1}{2}$ left turn stepping onto left, $\frac{1}{4}$ turn left stepping back onto right, $\frac{1}{4}$ turn left onto left

5960 Rock forward onto right, recover back onto left turning $\frac{1}{4}$ turn right

61&62 Step right to right side, left beside right, step right to right side

63-64 Cross left over right, recover back onto right

LEFT SIDE STEP, DRAG TOUCH, HOLD

65-66-67 Step left to left side (large step), drag right up to left and touch, hold

TAG

After 1st B

1-4 Bump hips right, left, right, left

After 2nd B

1-6 Bump hips right, left, right, left, right, left

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=31641