

Best Thing

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Count: 64 **Wall:** 4 **Level:** Beginner/Intermediate

Choreographer: Frank Trace (Jan 11)

Music: The Best Thing About Me Is You by Ricky Martin & Joss Stone

☐☐☐ **Start dance after 32 counts from the**

start of the music. 32☐☐☐☐☐☐

☐☐☐

Rumba Boxes With Holds ☐☐☐☐☐

1-4

Step R to right side, step L next to R, step R forward, hold

☐☐☐☐ , ☐☐☐☐ , ☐☐☐☐ , ☐

5-8

Step L to left side, step R next to L, step L back, hold

☐☐☐☐ , ☐☐☐☐ , ☐☐☐☐ , ☐

☐☐☐

Coaster Step, Hold, Step Lock

Forward, Hold

☐☐☐ ☐ , ☐☐☐ ☐

1-4

Slow Coaster: Step R back, step L next to R, step R forward, hold

(☐☐☐☐☐)☐☐☐☐ , ☐☐☐☐ , ☐☐☐☐ , ☐

5-8

Step L forward, lock R behind L, step L forward, hold

□□□□ , □□□□□□□□ , □□□□ , □

□□□

Chase ½ Turn Left, Hold, Full Turn

Right, Hold

□ □ □ □ , □□□□

□

1-4

Step R forward, pivot 1/2 turn left, step R forward, hold (6:00)

□□□□ , □□□ 180° , □□□□ , □ (□□ 6□□)

5-8

Make a full turn right stepping L, R, L, hold

□□□□□ -□ , □ , □ , □

□□□

Right Side Mambo, Hold, Left Side

Mambo. Hold

□□□ □ , □□□ □

1-4

Rock R side right, recover onto L, step R next to L, hold

□□□□□ , □□□□ , □□□□□ , □

5-8

Rock L side left, recover onto R, step L next to R, hold

□□□□□ , □□□□ , □□□□□ , □

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mso-font-kerining:0pt">

mso-font-kerining:0pt">Rock Forward, Recover, Rock Side, Recover, Sailor 1/4

Right, Hold

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□ , 1/4□□ □

1-4

Rock R forward, recover onto L, rock R to right side, recover onto L □□□□ , □□□□ , □□□□ , □□□□

5-8

Slow Sailor: sweep R behind L making 1/4 turn right and step on R, step

L to left side, step R next to L, hold

(□□□□)□□□□□□□□ 90□

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mso-font-kerining:0pt">

mso-font-kerining:0pt">Rock Forward, Recover, Rock Side, Recover, Left Coaster

Step, Hold

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□ , □□□ □

1-4

Rock L forward, recover onto R, rock L to left side, recover onto R □□□□ , □□□□ , □□□□ , □□□□

5-8

Slow Coaster: step L back, step R next to L, step L forward, hold (9:00) ()

, , ,

RESTART:DURING wall two

(9:00) dance the first 48 counts and restart the dance. You will be facing

the 6:00 wall when you do the restart.

(9), 6 ,

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mso-font-kerning:0pt">

mso-font-kerning:0pt">Right Side Steps, ½ Turn, Right Side Steps, ½ Turn

Right

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1-4

Step R to R side, step L next to R, Step R to R side, turn ½ right

(weight on right) (3:00)

, , , 180 () (3)

5-8

Step L to L side, step R next to L, step L to L side, turn ½ right

(weight on left) (9:00)

, , , 180 () (9)

Note:

You are making a full turn right.

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mso-font-kerning:0pt">Right Side Steps, Forward Mambo, Hold

mso-font-kerning:0pt">□□□ □ , □□□

□

1-4

Step R to R side, step L next to R, step R to R side, hold

□□□□ , □□□□ , □□□□ , □

5-8

Rock L forward, recover back on R, step L next to R, hold

□□□□ , □□□□ , □□□□ , □

OPTIONAL ENDING: As the music comes to an end, replace

the coaster step, in section 6, with a ¼ left turn sailor. You'll be facing

the front wall to end the dance.

□□ :□□□□□□□□ 90□□□□□□□□ , □□□□□□□□