

# Ninna's Waltz

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**Count:** —

**Wall:** 2

**Level:** Phrased Advanced Fast Waltz

**Choreographer:** Merete Sevel

**Music:** Thinking Over by Dana Glover

**Sequence: A B A B A Tag B A B A**

**Dedicated to my sweet friend Ninna**

**Intro: 24 counts (starts on vocal)**

**Tag: On wall 3 after Part A - See below**

**Part A**

**(1 - 6) Back, side, together, forward, side, together**

**1 - 3** Step back on R, step L to L side, step R next to L 12:00

**4 - 6** Step fw on L, step R to R side, step L next to R

**7 - 12 1/4 L, side, together, 1/4 L, side, together**

**1 - 3** Step R back making 1/4 turn L, step L to L side, step R next to L 9:00

**4 - 6** Step L fw making 1/4 turn L, step R to R side, step L next to R 6:00

**(13 - 18) 1/4 L, side, together, 1/4 L, side, together**

**1 - 3** Step R back making 1/4 turn L, step L to L side, step R next to L 3:00

**4 - 6** Step L fw making 1/4 turn L, step R to R side, step L next to R 12:00

**(19 - 24) Forward, side together, back, side, together**

**1 - 3** Step fw on R, step L to L side, step R next to L

**4 - 6** Step back on L, step R to R side, step L next to R

**(25 - 30) 1/4 R, side, together, 1/4 R, side, together**

**1 - 3** Step R fw making 1/4 turn R, step L to L side, step R next to L 3:00

**4 - 6** Step L back making 1/4 turn R, step R to R side, step L next to R 6:00

**(31 - 36) 1/4 R, side, together, 1/4 R, side, together**

**1 - 3** Step R fw making 1/4 turn R, step L to L side, step R next to L 9:00

4 - 6 Step L back making 1/4 turn R, step R to R side, step L next to R 12:00

**(37 - 42) Forward, sweep; forward, sweep**

1 - 3 Step R fw, sweep L around from back to front over 2 counts

4 - 6 Step L fw, sweep R around from back to front over 2 counts

**(43 - 48) Cross, back, side, cross, back, side**

1 - 3 Cross R over L (facing 10:30), step L back, step R to R side squaring up to 12 o'clock

4 - 6 Cross L over R (facing 1:30), step R back, step L to L side squaring up to 12 o'clock

**(49 - 54) Forward, sweep; cross, unwind full turn with sweep**

1 - 3 Step R fw, sweep L around from side to front (2-3)

4 - 6 Cross L in front of R, unwind one full turn R sweeping R around (5-6)

**(55 - 60) Sailor step, behind, side, cross**

1 - 3 Cross R behind L, step L to L side (small step), step R to R side (small step)

4 - 6 Cross L behind R, step R to R side, cross L over R to the diagonal 1:30

**(61 - 66) Forward, soft lift; back, 2 x 1/4 R**

1 - 3 Step R fw, make one low soft lift with L (2-3)

4 - 6 Step L back, step R 1/4 turn R, step L fw making 1/4 turn R 7:30

**(67 - 72) Forward, soft lift; back basic**

1 - 3 Step R fw, make one low soft lift with L (2-3)

4 - 6 Step L back, step R next to L, step L in place squaring up to 6 o'clock 6:00

**(73 - 78) Cross, point, hold, cross, 1/2 twinkle turn L**

1 - 3 Cross R over L, point L to L side, hold

4 - 6 Cross L over R, step R back making 1/4 turn L, step L to L side making 1/4 turn L 12:00

**(79 - 84) Cross, point, hold, cross, 1/2 twinkle turn L**

1 - 3 Cross R over L, point L to L side, hold

4 - 6 Cross L over R, step R back making 1/4 turn L, step L to L side making 1/4 turn L 6:00

**(85 - 90) Cross rock, 2 x hold, recover, drag**

1 - 3 Cross rock R over L, hold, hold

4 - 6 Recover back on L, drag R towards L over two counts (5-6) 6:00

**(91 - 96) Forward, sweep 1/4 R; forward, sweep 3/8 L**

1 - 3 Step R fw 1/4 turn R, sweep L around (2-3) 9:00

4 - 6 Step L fw, sweep R around making 3/8 turn L (5-6) 4:30

**(97 - 102) Forward, sweep 1/8 R; sway L**

1 - 3 Step R fw, sweep L around from back to L side making 1/8 turn R (2-3) 6:00

4 - 6 Step L to L side swaying L

**(103 - 108) Sway R; sway L**

1 - 3 Put weight on R swaying R

4 - 6 Put weight on L swaying L (prep. for the R full turn)

**Part B**

**(1 - 6) 1/4 turn R, Chainé spin 3/4 R; 1/4 turn R, Chainé spin 3/4 R**

1 - 3 Step fw 1/4 turn R on R, spin 3/4 turn R on R, step L next to R 6:00

4 - 6 Step fw 1/4 turn R on R, spin 3/4 turn R on R, step L next to R 6:00

**(7 - 12) 1/4 turn R, soft lift; back basic**

1 - 3 Step R fw 1/4 turn R, make one low soft lift with L across R (2-3) 9:00

4 - 6 Step L diagonally back, step R next to L, step L in place

**(13 - 18) Forward, soft lift; back basic**

1 - 3 Step R fw, make one low soft lift with L across R (2-3)

4 - 6 Step L diagonally back, step R next to L, step L in place

**(19 - 24) 1/4 L back basic, 1/4 L forward basic**

1 - 3 Step R back making 1/4 turn L, step L next to R, step R in place 6:00

4 - 6 Step L fw making 1/4 turn L, step R next to L, step L in place 3:00

**(25 - 30) Forward, forward, 3/4 spiral R, forward, forward, 3/4 spiral R**

1 - 3 Step R diagonally fw (facing 4:30), step L fw, make a spiral turn 3/4 turn R 1:30

4 - 6 Step R fw (facing 1:30), step L fw, make a spiral turn 3/4 turn R 10:30

**(31 - 36) Forward, forward, 3/4 spiral R, forward, forward, 3/4 spiral R**

**1 - 3** Step R fw (facing 10:30), step L fw, make a spiral turn 3/4 turn R 7:30

**4 - 6** Step R fw (facing 7:30), step L fw, make a spiral turn 3/4 turn R 4:30

**Counts 25-36 will create a box**

**(37 - 42) Side, hold x 2, 1/4 L, 1/2 L, 1/4 ball turn L**

**1 - 3** Step R to R side squaring up to 6 o'clock, hold for 2 counts prep. for full turn L 6:00

**4 - 6** Step L fw 1/4 turn L, step R back 1/2 turn L, on ball of R turn 1/4 turn L 6:00

**(43 - 48) Side, hold x 2, 1/4 R, 1/2 R, 1/4 ball turn R**

**1 - 3** Step L to L side, hold for 2 counts prep. for full turn R

**4 - 6** Step R fw 1/4 turn R, step L back 1/2 turn R, on ball of L turn 1/4 turn R 6:00

**TAG Tag occurs only once after you have danced A for the third time (facing 6 o'clock)**

**& (Weight is on L) Step R next to L 6:00**

**1 - 3** Step L to L side swaying L

**4 - 6** Put weight on R swaying R

**7 - 9** Put weight on L swaying L (prep. for the R full turn)

**It looks hard but it really isn't - the Music is beautiful and will help you.**

**Enjoy!**

**Contact: [hindholtm@hotmail.com](mailto:hindholtm@hotmail.com)**