

High Song (Chinese)

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Count: 160

Wall: 1

Level: Phrased Beginner

Choreographer: Ping Tang - China(April, 2013)

Music: High song by Wei Zhang

Dance Sequence: AA*(1-32)B Tag C

Intro :16 counts. Begin on main vocals.

Part A: 64 counts.

Sec A1: SIDE, bend knees, snap, stand up, kick, bent knees, bump hip

1step left to the left side, the right hand lift up, palm forward, open fingers, left hand akimbo;

2bend knees, point left foot toe ; the right hand put down to the left of the body , the left hand akimbo;

3shake right hand to the right, snap the right finger

4straighten knees, touch right foot ball

5kick the right foot to left diagonal

6the right foot drop, bent knees, point the left ball, shake right hand to the right, snap the right finger

7&8bump hip to left, right ,left

Sec A2: turn full, right hand up

1-4turn left full , step left, right, left, step right to right side

5-8the right hand lift up slowly, palm up, left hand akimbo;

Sec A3: Yangko step, palm down, sway hip

1-4cross left over right , cross right over left, left foot step back, step right to right , hands swing;

5right palm down

6left palm down

7, 8sway hip circle anticlockwise.

Sec A4: step, step, right hand up

1, 2rock step left to left side,

3, 4rock step right to right side,

5-8the right hand lift up slowly, palm up, left hand akimbo;

Note: A*: Start to dance part B after finish 1-32 counts dancing Wall 2 of part A

Sec A5: step, behind (*4),

1rock step right to right side, hands up

2touch left behind right, bend knees, hands drop to right side and snap fingers

3,4the mirror set of 1,2

5-8repeat 1-4

Sec A6: side, side, beside, bend and straighten knees, arm action

1,step right to right side, shaking right hand circle clockwise on the right side.

2,step left to left side, shaking left hand circle anticlockwise on the left side.

3,4step right beside left ,bend and straighten knees , turn 1/8 left, while the left hand akimbo, shake back right arm bending elbow two times;(10:30)

5,bend and straighten knees, while the left hand akimbo, shake back right arm up

6,bend and straighten knees, while the left hand akimbo, shake back right arm down

7, 8repeat 5,6

Sec A7: heel,touch,heel,touch,side,touch,hand action

1,touch right heel to left diagonal (10:30)

2,touch right toe back (10:30)

3, 4 repeat 1, 2

5-8 rock long step right to right side, touch left to left, shaking left hand circle anticlockwise

Sec A8: the mirror set of Sec 7?

Part B: 32 counts

Sec B1: beside, hands swing, bump hip, hands open up swing

1 step right beside left, hands swing forward circle anticlockwise

2 repeat 1

3 repeat 1

4 repeat 1

5, 6 bump hip circle anticlockwise, hands open up swing circle anticlockwise on the head;

7, 8 repeat 5,6

Sec B2: repeat Sec 1

Sec B3: SIDE, beside, SIDE, beside, leg straighten forward, fall

1, 2 rock step left to left side, step right beside left, bend and straighten knees ,hands action

3, 4 repeat 1,2

5 right leg straighten forward, hands open up

6 right foot fall, bend knees, hands drop to neck

7 left leg straighten forward, hands drop to the side of chest

8 foot fall, bend knees, hands drop to the side of leg

Sec B4: the mirror set of Sec 3

Part C: 64 counts

Sec C1: Yangko step, palm down, bump hip

1 step/cross left over right, turn 1/8 left,

2step/cross right over left, turn 1/8 left,(9:00)

3,4step right back, step right to right, hands swing

5right palm down

6left palm down

7,8bump hip circle anticlockwise

Sec C2: jump, jump, jump, jump, hands open up

1jump together, bend and straighten knees ,touch forward second right finger, left akimbo

2repeat 1

3repeat 1

4repeat 1

5-8hands open up

Sec C3: turn 1/2 left, repeat sec 1(3:00)

Sec C4: repeat sec 2

Sec C5: turn 1/4 right, repeat sec 1(6:00)

Sec C6: repeat sec 2

Sec C7: turn 1/2 left, repeat sec 1(12:00)

Sec C8: repeat sec 2

Tag:8 counts

Forward diagonal, Forward diagonal, BACK, BESIDE, TOUCH SIDE, BESIDE(*2)

1step left forward to left diagonal,

2step right forward to right diagonal,

3,4step left back to center, step right beside left

5touch left to left side, bend right knee

6step left beside right,

7, 8the mirror set of 5,6

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Please refer to the videos.

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=95080