

BETTY DO

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Count: 40

Wall: 4

Level: intermediate

Choreographer: Pauline Bradford

Music: Black Betty by Tom Jones

KICK RIGHT, HALF TURN, KICK RIGHT, TWO HOPS, STEP

- 12 Kick right foot forward, on ball of left pivot $\frac{1}{2}$ turn right, kick right foot forward
- 3&4 Hop back on left twice, step down on right
- 5-6 Kick left foot forward, on ball of right pivot $\frac{1}{2}$ turn left, kick left foot forward
- 7&8 Hop back on right twice, step down on left

3&4 and 7&8 can be replaced by coaster step

CROSS ROCK, BACK ROCK, CROSS ROCK, HALF TURN

1&(Facing diagonally left) cross rock right over left, recover on left

- 2& Rock back on right, recover on left
- 3& Cross rock right over left, recover on left
- 4 Half turn right, stepping forward on right

CROSS ROCK, BACK ROCK, CROSS ROCK, HALF TURN

1&(Facing diagonally right) cross rock left over right, recover on right

- 2& Rock back on left, recover on right
- 3& Cross rock left over right, recover on right
- 4 Half turn left, stepping forward on left. (facing home wall)

HEEL JACK, CROSS BACK, BACK LOCK STEPS

- 1&2 Cross right over left, step down on left, extend right heel
- &3&4 Step down on right, cross left over right, step down on right, extend left heel
- &5&6 Step down on left, cross right over left, step back diagonally left
- 7&8 Cross right over left, step back diagonally left, cross right over left

HEEL JACK, CROSS BACK, BACK LOCK STEPS

- 1&2 Cross left over right, step down on right, extend left heel

- &3&4** Step down on left, cross right over left, step down on left, extend right heel
- &56** Step down on right, cross left over right, step back diagonally right
- 7&8** Cross left over right, step back diagonally right, cross left over right

STEP HALF TURN, KICK, COASTER STEP, ¾ TURN, KICK, COASTER STEP

- 12** Step forward on right, on ball of right pivot ½ turn left, (kicking left forward)
- 3&4** Step back left, right in place, step forward left
- 56** Step ¼ turn right on right, on ball of right pivot ½ turn right, (kicking left forward)
- 7&8** Step back left, right in place, step forward left

REPEAT

RESTART

On fourth repetition only dance first 16 steps (facing 9:00)

TAG

MASHED POTATOES, HEEL TAPS, JUMP, CROSS, UNWIND, CLAP

1&2(Light) stomp right, flick right, touch right forward

- &3** Slightly sweep right behind left, step down on right
- &4** Slightly sweep left behind right, touch left behind right

5&6(Lightly) stomp left, flick left, touch left forward

- &7** Slightly sweep left behind right, step down on left
- &8** Slightly sweep right, touch right next to left
- 9-12** Step forward right, tap right heel (three beats) transfer weight onto right
- 13-16** Step forward left, tap left heel (three beats) transfer weight onto left
- 17-20** Jump out, jump crossing right over left, unwind ½ turn, clap twice
- 21-24** Jump out, jump crossing right over left, unwind ½ turn, clap twice
- 25-40** Repeat steps 1-16 then resume from beginning of dance