

# HOLLA

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**Count:** —                      **Wall:** 2                      **Level:** advanced

**Choreographer:** Alana Johanson & Michelle Jackson

**Music:** Holla by Trin-i-tee 5:7

**Sequence:** A B AA B AAAA B

## SECTION A

### STEP $\frac{3}{4}$ TURN, PRESS, HEEL SLIDE, GLIDE STEP, $\frac{1}{2}$ TURN

1                      Step left forward (12:00)

### 2 $\frac{3}{4}$ pivot turn to the left (3:00)

3-4                  Press right foot, recover on left foot while sliding right heel back

5                      Touch right toe in front of left foot

6                      Slide left foot back, right toe goes up and back on heel

7-8                  Touch right toe behind left foot,  $\frac{1}{2}$  turn right with weight on right, (9:00)

## LEFT HOLD, WEAVE, SLIDE TOUCH, TRAVELING KNEE ROLL

1-2                  Step left foot out to left side, hold

3&4                  Step right foot behind left, step left foot to side, cross right over left

5-6                  Slide to the left, touch right foot next to left

7                      Weight on left foot, traveling to the right-move left heel to right and right knee out

&8                    Move left toe to right and right knee in, move left heel to right and right knee out

**Right toe stays on floor and just pivots as you're moving your knee out-in-out**

## STEP TOUCHES RIGHT, LEFT, STEP OUT RIGHT, LEFT, BUTTERFLY

1-2                  Step right at diagonal, touch left toe next to right foot

3-4                  Step left at diagonal, touch right toe next to right foot

5-6                  Step right foot out to right, step left foot out to left, with arms following each leg

7&8                  Bend knees in toward each other, roll knees out, reverse body roll

**Arms follow knees and create a figure 8 with your fists**

## **¼ TURN LOCK STEP, SHUFFLE, STEP ½ TURN, SHUFFLE FULL TURN**

**1-2¼ turn right stepping right foot forward, lock left foot behind right, (12:00)**

**3&4** Shuffle forward right, left, right

**5-6** Step forward on left foot, ½ turn right with weight on right foot (6:00)

**7&8½ turn right stepping left foot back, ½ turn right stepping forward on right, step left foot forward**

**when transitioning from A to A in pattern, on count 8 touch left toe, so you can step left to start count 1**

## **SECTION B**

**Danced to "Holla" chorus**

## **POINT LEFT, TOGETHER, KNEES OUT-IN-OUT-IN, 2X**

**&1** Step right, point left toe out to side, (12:00)

**Also on count 1 cup your right hand up next to your mouth as if hollering**

**&2** Step left next to right, knees together

**&3&4** Move knees out-in-out-in with feet together

**&5-8** Repeat &1-4

## **¼ TURN, FRONT CROSS ROCK-BACK ROCK X3, ROCK ¼ TURN**

**&¼ turn left on left foot (9:00)**

**1&** Cross rock with right foot in front of left, recover on left foot

**Arms also cross in front on count 1**

**2&** Rock back on diagonal with right foot, recover on left foot

**Arms move back to sides on count 2**

**3&4&** Repeat 1&2&

**5&6&** Repeat 1&2&

**Steps 1-6 you will be traveling to the right**

**7&** Cross rock with right foot in front of left, recover on left foot

**8¼ turn right touching right foot next to left (12:00)**

**17-24** Repeat first 8 counts

**&1** Step right, point left toe out to side, (12:00)

**Also on count 1 cup your right hand up next to your mouth as if hollering**

**&2** Step left next to right, knees together

**&3&4** Move knees out-in-out-in with feet together

**&5-8** Repeat &1-4

**ROLL KNEES RIGHT LEFT, ROLL SHOULDERS RIGHT LEFT, DOWN SPLIT, DOWN-UP HEEL JACK**

**1-2** Roll right knee to the right and back to center, roll left to the left and back to center

**3-4** Roll right shoulder back, roll left shoulder back

**5-6** Bend down with hands between knees, split knees apart while looking up

**7-8** Head back down, knees in, up and slide to the right with left heel out to left

**Also on count 8 put your right hand behind your head as if posing for a picture**