

Pop, Lock & Drop



Count: 64

Wall: 2

Level: Advanced

Choreographer: Shaz Walton (Sept 09)

Music: Fire Burnin' by Sean Kingston

☐☐☐ **Count in 48**

Counts. 48☐☐☐☐

☐☐☐

Knee Pop. Hold. Pop. Pop.

Heel Drop. Slide. 1/4. Touch.

☐☐ , ☐ , ☐ , ☐ , ☐☐ , ☐ , 1/4, ☐

1-2

Pop Right knee forward. Hold ☐☐☐☐ , ☐

3-4

Pop left knee forward. Pop right knee forward. (raise

right up onto Ball of foot while popping knee)

☐☐☐☐ , ☐☐☐☐ (☐☐ , ☐☐☐☐ , ☐☐☐☐)

5-6

Using ball of right foot slide right towards left. Drop

heel of right as you raise left leg to side. ☐☐☐☐☐☐ , ☐☐☐☐☐☐☐

7-8

Make 1/4 right as you bring left up and step it forward.

Touch right beside left. ☐☐ 90☐☐☐☐☐☐☐ , ☐☐☐☐

☐☐☐

Side. Together. Side.

Together. Side Steps X3. Step. 1/4

□ , □ , □ , □ , □□□□ , □ , 1/4

1-2

Step right to right. Step left beside right. □□□□ , □□□□

3-4

Step right to right. Touch left beside right □□□□ , □□□□

(End this sequence facing slightly to the diagonal-

funk up your arms!! Punch both arms forward - elbows bent on counts 1 &

3)

□□□□□□□□ , □ 1□□□ 3□□□□□□□□

5&6

Making small steps- Step left to side. Step right beside

left. Step left to left. □□□□ , □□□□ , □□□□

&7

Step right beside left. Step left to left □□□□ , □□□□

&8

Start to straighten as you step right beside left. Step

left 1/4 left (12 o clock) (arch your back- use your initiative

with your arms)

□□□□ , □□ 90□□□□ (□□ 12□□)□□□□

**** RESTART here facing the front on 3rd**

□□□□□□□□ 12□□ , □□□□

□□

Step. Back Slide/ Kick.

Touch. 1/2. 1/2. Crouch Kick.Step.Kick. Cross. Point. □ , □□ , □ , 1/2, 1/2, □□□ , □ , □ , □□ , □

1-2

Step right beside left as you push left leg back

(sliding toe across floor) Touch left toe behind (Left leg straight out

behind you)

□□□□□□□□ (□□□□□□□□) , □□□□□□ (□□□□□□□□)

3-4

Make 1/2 turn left dropping weight onto left. Make 1/2 turn

left stepping right beside left. □□ 180□□□□□□ , □□ 180□□□□□□

5&6

Bending forward kick left forward. Step left beside

right. Kick right forward. □□□□□□□□□□ , □□□□□□ , □□□□□□

(Punch towards floor on each kick with arms either side

of kicking leg□□□□□□ , □□□□□□□□)

7-8

Cross right over left. Touch left to left as you

straighten up & pop right shoulder out to side.□□□□□□□□□□ , □□□□□□□□□□

□□□

Shoulder Pops L-R-L 1/4

Lunge/Drag. Back. Shuffle 1/2. 1/4 Side.

□□□□ -□ , □ , □□ 1/4□□ , □ , □ , 1/2□□□ , 1/4□

1-2

Pop left shoulder to left. Pop right shoulder to right.

(Contract upper body) □□□□ , □□□□

3-4

Pop left shoulder to left as you make 1/4 left lunging

forward on left. Drag right up behind. □□□□□□ 90□□□□□□ , □□□□

5-6&7

Step back on right. Make a shuffle 1/2 turn left stepping

L-R-L

□□□□ , □ 180□□□□ -□ , □ , □

8

Make 1/4 left as you step right to right side.□□ 90□□□□

□□□

Angled Dip. Recover. Angled Dip. Recover.

Back. Back. Coaster Step.

□□

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1-2

Turn body to face left diagonal as you dip back on

Step right forward. (Stomp right forward. Angle body to left diagonal)

□□□□ , □□□□ , □□□□ , □□□□ (□□□□□□ , □□□□□□)

5-6

Step back on left as you hop slightly & hitch right

knee. Step right down making 1/4 right. □□□□□□□□ , □□ 90□□□□

7-8

Step forward left. Pivot 1/2 turn right. □□□□□□ , □□□□ 180□

□□□

Side/Bump. Bump. Bump. 1/4 Back. Lock. Back.

Side. Touch.

□□□□ , □□□□ , □□□□ , 1/4

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1-2

Step left to left as you bump hips left. Bump hips

right.

□□□□□□□□□□ , □□□□

3-4

Bump hips left. Bump hips back as you make 1/4 left.

□□□□□□□□□□ , □□□□ 90□□□□□□□□□□

5-6

Lock left over right. Step right back.

□□□□□□□□ , □□□□

7-8

Step left to left. Touch right beside left.□□□□ , □□□□

□□

Kick. Step. Stomp/Press. Kick. Step.

Stomp/Press. Back/Hitch. Back/Hitch. Coaster Side.

□

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1&2

Kick right forward. Step right beside left. Stomp/

Press left forward (Upper body angled to right diagonal)

□□□□ , □□□□ , □□□□ (□□□□□□□□)

Keep weight light on left after stomp as you need your

left leg next!

□□□□□□ , □□□□□□ , □□□□□□□□□□

3&4

Kick left forward. Step Left beside right. Stomp/ Press

Right forward (Upper body angled to left diagonal)

□□□□ , □□□□ , □□□□ (□□□□□□□□)

5-6

Step back on left as you hitch right slightly. Step

back on right as you hitch left slightly.□□□□□□□□ , □□□□□□□□

7&8

Step back left. Step back right. Step left to left

side.

□□□□ , □□□□ , □□□□

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=10237