

# Nothin Slow

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**Count:** 72      **Wall:** 2      **Level:** Phrased Intermediate or Avanced (Options)

**Choreographer:** Mike Liadouze (Oct 2011)

**Music:** Dierks Bentley - Sideways (108 BPM)

**Sequence : ABCC, ABCC, A,Tag, BCC, CC, Ending**

**Introduction : 32 counts (on lyric)**

## **PART A - 32 counts**

**A[1-8] BACK TOE STRUT ½ RIGHT, FORWARD TOE STRUT ½ RIGHT, SAILOR, SAILOR ¼ LEFT**

- 1-2      Step R toe back, ..½ turn R.. lower R heel (6:00)
- 3-4      Step L toe forward, ..½ turn R.. lower L heel (12:00)
- 5&6      Cross RF behind L, step LF side, step RF side
- 7&8      Cross LF derrière D, ..¼ turn L.. step RF side, step LF side (9:00)

**A[9-16] 2x HEEL-TOE SWITCH, 2x HEEL-FAN, SAILOR ¾ RIGHT**

- 1&2      Touch R heel forward, step RF together, tap L toe next to RF
- 3&4      Touch L heel forward, step LF together, tap R toe next to LF
- &5      Swivel R heel to the L, swivel back
- &6      Swivel L heel to the R, swivel back
- 7&8..¼ turn R.. Cross RF behind LF, ..¼ turn R.. step LF together, ..¼ turn R.. step RF side (6:00)**

## **Option 2x APPLEJACK**

- &5      Swivel R heel to the L & swivel L toe to the L, swivel back
- &6      Swivel L heel to the R & swivel R toe to the R, swivel back (6:00)

**A[17-24] FORWARD TOE STRUT ½ RIGHT, BACK TOE STRUT ½ RIGHT, INVERSED SAILOR ¼ LEFT, INVERSED SAILOR**

- 1-2      Step L toe forward ..½ turn R.., lower L heel (12:00)

- 3-4 Step R toe back ..½ turn R.., lower R heel (6:00)
- 5&6 Cross LF over D, ..¼ turn L.. step RF side, step LF side (3:00)
- 7&8 Cross RF over G, step LF side, step RF side

**A[25-32] 2x HEEL-TOE SWITCH, 2x HEEL-FAN, SAILOR ¼ LEFT**

- 1&2 Touch L heel forward, step LF together, TOUCH R toe next to LF
- 3&4 Touch R heel forward, step RF together, TOUCH L toe next to LF
- &5 Swivel R heel to the L, swivel back
- &6 Swivel R heel to the L, swivel back
- 7&8 Cross LF behind RF, ..¼ turn L.. step RF side, step LF side (12:00)

**Option 2x APPLEJACK**

- &5 Swivel R heel to the L & swivel L toe to the L, swivel back
- &6 Swivel R heel to the L & swivel L toe to the L, swivel back (12:00)

**PART B - 32 counts**

**[33-40] SCUFF HITCH ½ RIGHT STOMP, SCUFF HITCH STOMP, FULL TURN LEFT, ROCK FOWARD ¼ LEFT & CROSS...**

- 1&2 Scuff R, hitch R ..½ turn R.., stomp RF forward (6:00)
- 3&4 Scuff L, scoot on R forward & hitch L, stomp LF forward

**5-6..½ turn L.. step RF back - ..½ turn L.. step LF forward (6:00)**

- 7&8 Rock step R forward, ..¼ turn L.. recover on LF, cross RF over LF (3:00)

**[41-48] ... SHUFFLE, VINE, HEEL, MODIFIED SLAPPING LEATHER WITH ¼ LEFT**

- &1 Step LF side, cross RF over LF
- 2-3-4 Step LF side, cross RF behind LF, step LF side (3:00)
- 5 Touch R heel forward
- 6&7 Slap RF over L with L hand, ..¼ turn L.. step RF together, slap LF behind R with R hand (12:00)
- 8 Stomp LF in place (weight on RF)

**Option ¼ ½ ¼ RIGHT MOVING LEFT, 2 x HEEL, MODIFIED SLAPPING LEATHER WITH ¼ LEFT**

**2-3-4..¼ turn R.. step LF back, ..½ turn R.. step RF forward, ..¼ turn R.. step LF side (3:00)**

5& Touch R heel forward twice

6&7 Slap RF over G with L hand, ..¼ turn L.. slap RF side with R hand, slap RF behind L with L hand (12:00)

&8 Step RF together & slap LF behind R with R hand, stomp LF next to R (weight on RF)

**[49-56] SCUFF HITCH ½ LEFT STOMP, SCUFF HITCH STOMP, FULL TURN RIGHT, ROCK FOWARD ¼ RIGHT & CROSS**

1&2 Scuff L, hitch L ..½ turn L., stomp LF forward (6:00)

3&4 Scuff D, scoot on LF forward & hitch R, stomp R forward

**5-6..½ turn R.. step LF back - ..½ turn R.. step RF forward (6:00)**

7&8 Rock step L forward - ..¼ turn R.. recover on RF, cross LF over RF (9:00)

**[57-64] ...SHUFFLE, VINE, VAUDEVILLE WITH ¼ LEFT, VAUDEVILLE**

&1 Step RF side, cross LF over RF

2-3-4 Step RF side, cross LF behind RF, step RF side (9:00)

5&6& Cross LF over D, step RF side, touch L heel diagonally forward L, ..¼ turn L.. step LF together

7&8 Cross RF over G, step LF side, touch R heel diagonally forward R

**Option ¼ ½ ¼ LEFT MOVING RIGHT, MODIFIED VAUDEVILLES WITH ¼ LEFT**

**2-3-4..¼ turn L.. step RF back, ..½ turn L.. step LF forward, ..¼ turn L.. step RF side (9:00)**

5& Jumping : touch R heel diagonally forward R & step LF side, together

6& Jumping : touch R heel diagonally forward R & step LF side, together ..¼ turn L..(6:00)

7& Jumping : touch L heel diagonally forward L & step RF side, together

8 Jumping : touch R heel diagonally forward R & step LF side

**PART C (SIDEWAYS) - 8 counts**

**[65-72] CROSS HEEL GRIND ½ RIGHT, SYNCOPATED WEAVE, JUMPING CROSS RIGHT & LEFT & ROCK, STOMP**

1-2 Cross R heel over LF, grind on R heel ..½ turn R.. (weight on LF) (12:00/9:00)

&3&4& Step RF side, cross LF over RF, step RF side, cross LF behind RF, step RF side

- 5& Jumping : cross LF over RF & flick R back, step RF in place & kick L forward
- 6& Jumping : step LF à L & kick R forward, cross RF over LF & flick L
- 7& Jumping : step LF in place & kick R forward, step RF side & hitch L
- 8 Stomp LF forward (weight on RF)

**Option JUMPING CROSS RIGHT, HOP, STOMP, JUMPING CROSS LEFT WITH HOP, STEP, STOMP**

**&5 Jumping : step RF side, cross LF over RF & flick R, step RF in place & kick L forward**

**&6 Jumping : hop on RF, stomp LF next to RF**

**&7 Jumping : cross RF over LF & flick L, step LF in place & kick R forward, hop on LF**

**&8 Jumping : step RF next to LF & hitch L, stomp LF à côté du RF**

**TAG : (On 3rd wall after PART A)**

**1-12DO THE BEGINNING OF B : COUNTS 33 TO 44 (\*for intermediate version : TAP LF on count 12)**

**13-204x VAUDEVILLES (LEFT, RIGHT, LEFT WITH ¼ LEFT, RIGHT)**

**13-208x MODIFIED VAUDEVILLES (RIGHT, RIGHT, LEFT, LEFT, RIGHT, RIGHT WITH ¼ LEFT, LEFT, RIGHT)**

**FINAL : (On 3rd wall after 4 PART C) :**

**1-6DO THE BEGINNING OF A : COUNTS 1 TO 6**

**7-8SAILOR STEP ½ LEFT (\*Face 12:00)**

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