

# BEST OF MY LOVE

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**Count:** 64      **Wall:** —      **Level:** —

**Choreographer:** Nigel Payne

**Music:** Best Of My Love by The Eagles

**Position:** Starting in Sweetheart. Opposite Footwork

## MAN

### ROCK-RECOVER, SHUFFLE BACK, ROCK-RECOVER, SHUFFLE FORWARD

**Take left over lady's head as she turns, now in cross hand hold left over right**

**1-2**      Rock forward on right, recover back on left

**3&4**      Shuffle back right, left, right

**Take left hand back over lady's head as she turns, now in sweetheart**

**5-6**      Rock back on left, recover on right

**7&8**      Shuffle forward left, right, left

### WALK, WALK, SHUFFLE TWICE

**Release left hands & raise rights to allow lady to turn, do not rejoin left hands**

**9-10**      Walk forward right, left

**11&12**      Shuffle forward right, left, right

**13-14**      Walk forward left, right

**15&16**      Shuffle forward left, right, left

### STEP RIGHT, LEFT, TRIPLE STEP IN PLACE, STEP LEFT, RIGHT, TRIPLE STEP IN PLACE

**Rejoin & raise left hands & drop right hands**

**17-18**      Step right, left in place

**19&20**      Triple step in place stepping right, left, right

**21-22**      Step left, right in place

**23&24**      Triple step in place stepping left, right, left

### STEP, PIVOT ½ TURN, ¼ TURN INTO CHASSE, ROCK-RECOVER, SHUFFLE ½ TURN

### **Release left hands**

**25-26** Step forward on right foot, pivot  $\frac{1}{2}$  turn left

### **Rejoin hands in double hand hold**

**27&28** Turn  $\frac{1}{4}$  left stepping right to right side, step left beside right, step right to right side

**29-30** Rock back on left, recover on right

### **Release man's right, lady's left, & raise man's left, lady's right to allow turn**

**31&32** Shuffle  $\frac{1}{2}$  turn right stepping left, right, left

### **Man on OLOD facing ILOD, lady on ILOD facing OLOD**

#### **ROCK-RECOVER MAKING $\frac{1}{4}$ TURN, SHUFFLE, WALK, WALK, SHUFFLE**

### **Inside hands joined, man's left, lady's right**

**33-34** Rock back on right making  $\frac{1}{4}$  turn right, recover on left

### **Both now facing LOD, man on OLOD, lady on ILOD**

**35&36** Shuffle forward stepping right, left, right

**37-38** Walk forward left, right

**39&40** Shuffle forward on left, right, left

#### **CROSS-SIDE, TRIPLE STEP, WALK, WALK, SHUFFLE**

### **Take lady's right hand over her head as you both weave**

**41-42** Cross right over left, step left to left side

### **Rejoin man's right, lady's left in cross hand hold, man's left, lady's right on top**

**43&44** Triple step in place right, left, right

### **Man now on ILOD facing LOD, lady on OLOD facing LOD**

**45-46** Walk forward left, right

**47&48** Shuffle forward stepping left, right, left

#### **ROCK-RECOVER, $\frac{1}{4}$ CHASSE, CROSS, $\frac{1}{4}$ TURN, COASTER STEP**

**49-50** Rock forward on right, recover on left

## **Hands in double hand hold as you chasse**

**51&52** Step right ¼ turn right, step left beside right

## **Step right to right side, man facing OLOD, lady facing ILOD**

**53-54** Cross left over right, make ¼ turn left stepping back on right

## **To allow lady to make full turn right release man's left, lady's right, as the lady comes out of full turn place her left hand into man's left hand & rejoin in sweetheart position**

**55&56** Step back on left, step right beside left, step forward on left

### **WALK, WALK, SHUFFLE TWICE**

**57-58** Walk forward right, left

**59-60** Shuffle forward stepping right, left, right

**61-62** Walk forward left, right

**63&64** Shuffle forward stepping left, right, left

### **REPEAT**

### **LADY**

## **STEP, PIVOT ½ TURN, SHUFFLE TWICE**

## **Take left over lady's head as she turns, now in cross hand hold left over right**

**1-2** Step forward on left, pivot ½ turn right

**3&4** Shuffle forward left, right left

## **Take left hand back over lady's head as she turns, now in sweetheart**

**5-6** Step forward on right, pivot ½ turn left

**7&8** Shuffle forward right, left right

### **FULL TURN SHUFFLE TWICE**

## **Release left hands & raise rights to allow lady to turn, do not rejoin left hands**

**9-10** Make full turn right stepping left, right

**11&12** Shuffle forward left, right, left

**13-14** Make full turn left stepping right, left

15&16 Shuffle forward right, left, right

### **AROUND THE WORLD TRAVELING TO THE LEFT AROUND THE MAN**

#### **Rejoin & raise left hands & drop right hands**

17-18 Walk  $\frac{1}{4}$  turn to the left stepping left, right

19&20 Shuffle  $\frac{1}{4}$  turn to the left stepping left, right, left, (now on ILOD facing RLOD)

21-22 Walk  $\frac{1}{4}$  turn to the left stepping right, left

23&24 Shuffle  $\frac{1}{4}$  turn to the left stepping right, left, right, (now on OLOD facing LOD)

### **STEP, PIVOT $\frac{1}{2}$ TURN, $\frac{1}{4}$ TURN INTO CHASSE, ROCK-RECOVER, SHUFFLE $\frac{1}{2}$ TURN**

#### **Release left hands**

25-26 Step forward on left foot, pivot  $\frac{1}{2}$  turn right

#### **Rejoin hands in double hand hold**

27&28 Turn  $\frac{1}{4}$  right stepping left to left side, step right beside left, step left to left side

29-30 Rock back on right, recover on left

#### **Release man's right, lady's left, & raise man's left, lady's right to allow turn**

31&32 Shuffle  $\frac{1}{2}$  turn left stepping right, left, right

#### **Man on OLOD facing ILOD, lady on ILOD facing OLOD**

### **ROCK-RECOVER MAKING $\frac{1}{4}$ TURN, SHUFFLE, WALK, WALK, SHUFFLE**

#### **Inside hands joined, man's left, lady's right**

33-34 Rock back left making  $\frac{1}{4}$  turn left, recover on right

#### **Both now facing LOD, man on OLOD, lady on ILOD**

35&36 Shuffle forward on left, right, left

37-38 Walk forward right, left

39&40 Shuffle forward stepping right, left, right

### **CROSS-SIDE, TRIPLE STEP, WALK, WALK, SHUFFLE**

#### **Take lady's right hand over her head as you both weave**

41-42 Cross left over right, step right to right side

**Rejoin man's right, lady's left in cross hand hold, man's left, lady's right on top**

**43&44** Triple step in place left, right, left

**Man now on ILOD facing LOD, lady on OLOD facing LOD**

**45-46** Walk forward right, left

**47&48** Shuffle forward stepping right, left, right

**ROCK-RECOVER, ¼ CHASSE, CROSS, ¼ TURN, FULL TURN**

**49-50** Rock forward on left, recover on right

**Hands in double hand hold as you chasse**

**51&52** Step left ¼ turn left, step right beside left, step left to left side

**Man facing OLOD, lady facing ILOD**

**53-54** Cross right over left, make ¼ turn right stepping back on left

**To allow lady to make full turn right release man's left, lady's right, as the lady comes out of full turn place her left hand into man's left hand & rejoin in sweetheart position**

**55&56** Triple step full turn right stepping right, left, right

**WALK, WALK, SHUFFLE TWICE**

**57-58** Walk forward left, right

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**63&64** Shuffle forward stepping right, left, right

**REPEAT**